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63/1 (SEM-6) DSE4/EDNHE6046

2025

EDUCATION

Paper : EDNHE6046

(Abnormal Psychology)

Full Marks : 80

Pass Marks : 32

Time : Three hours

The figures in the margin indicate full marks for the questions.

1. Choose the correct option of **any six** of the following : 1×6=6

(a) Abnormal deviants have been classified as

(i) Anti-social

(ii) Phobias

(iii) Moody

(iv) Physical symptoms

- (b) Mental retardation usually refers to children with
- (i) Delinquents
 - (ii) Psychotic
 - (iii) Mental deficiency
 - (iv) Criminals
- (c) Mental health is
- (i) Subjective concept
 - (ii) Objective concept
 - (iii) Personal worth
 - (iv) Social relation
- (d) The concept to Mental Hygiene was first put forward by
- (i) Clien
 - (ii) Crow and Crow
 - (iii) James Drever
 - (iv) Clifford Beer

(e) What is the other name of Psychotherapy ?

(i) Speech therapy

(ii) Cognitive behavioral therapy

(iii) Talk therapy

(iv) Dialectical behavioral therapy

(f) Fear of animal is known as

(i) Zoophobia

(ii) Praecox

(iii) Dementia

(iv) Agoraphobia

(g) The IQ of moron is between

(i) 25-50

(ii) 25-75

(iii) 50-75

(iv) 75-80

- (h) Detection of mal adjustment is
- (i) Conduct of tests
 - (ii) Psychological comfort
 - (iii) Work efficiency
 - (iv) Good health
- (i) Institute of Mental Health in Bangalore was established in the year
- (i) 1908
 - (ii) 1948
 - (iii) 1984
 - (iv) 1937
- (j) The goal of mental hygiene is
- (i) Happiness
 - (ii) Training
 - (iii) Cure of mental disorder
 - (iv) Materialistic outlook

2. Answer **any five** of the following in brief:
2×5=10

- (a) What is meant by hypnosis?
- (b) What do you understand by psychoneurosis?

- (c) What are the *two* types of anti-social personalities ?
 - (d) What are adjustment mechanisms ?
 - (e) Write the meaning of abnormal behavior.
 - (f) Mention *any two* symptoms of neurosis.
 - (g) Write *any two* treatments of Psychosis.
3. Answer **any six** of the following : $5 \times 6 = 30$
- (a) Write the causes of bipolar disorder.
 - (b) Explain when should a person go for psychiatric hospitalization.
 - (c) Write about the abnormal behavior in children.
 - (d) Write about the conduct disorder.
 - (e) Write *any five* scope of Mental Hygiene.
 - (f) Write the importance of Mental Health.
 - (g) Write short note on Hysteria.
 - (h) Write *any five* characteristics of Neurosis.

(i) Write about the Obsessive Compulsive Neurosis.

(j) How is psychotherapy helpful in treating mental illness?

4. Answer **any two** of the following:

10×2=20

(a) What are the *five* common phobias? Write in details about the popular beliefs of abnormal behavior.

5+5=10

(b) Explain about the adjustment with self and situations prevailing at school.

5+5=10

(c) What is meant by Mental Hygiene? Write about the relationship between Mental Health and Hygiene.

2+4+4=10

(d) What is Mental Disorder? Write the factors contributing to mental disorder.

2+8=10

5. Answer **any one** of the following:

14×1=14

(a) What is Approach–Avoidance Conflict? Write the difference between Conflict and Frustration.

4+10=14

(b) Write the causes of Psychoneurosis.
Explain how can psychoneurosis be
treated?

7+7=14

(c) Mention *any four* dimensions of Mental
Health. Give constructive suggestions
for developing good mental health by
parents and teachers.

4+5+5=14
