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FIRST CYCLE NAAC ACCREDITATION 2023

CRITERION 3

RESEARCH INNOVATION & EXTENSION

3.3.1 Number of Research papers in the Journals notified on UGC care list during the last five years

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

CRITERION 3

3.3 RESEARCH PUBLICATION & AWARD

Link to the uploaded papers, the first page/full paper (with author and affiliation details) on the institutional website

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ইয়াকে এই গৱেষণা পত্ৰৰ জৰিয়তে দাঙি ধৰিবলৈ প্ৰয়াস কৰা হৈছে।

সূচক শব্দ ঃ

লোক উৎসব, ভোগালী বিশ্ব, গৰু বিশ্ব, লোহৰি, পোলা, সাৰ্বজনীন।

বিষয়বস্তুৰ বৰ্ণনা ঃ

ভাৰতবৰ্ধ এখন কৃষিকেন্দ্ৰিক ৰাষ্ট্ৰ। ইয়াৰে আশী শতাংশ লোক কৃষিকৰ্মৰ লগত জড়িত। ভাৰতীয় লোকে ধান, ঘেঁছ আদি শস্যৰ খেতি প্ৰধানভাৱে কৰে। ভাৰতৰ খেতিয়কসকল শস্য উৎপাদনৰ বাবে প্ৰকৃতিৰ ওপৰত নিৰ্ভৰশীল আছিল। লগতে খেতিয়কৰ খেতিৰ প্ৰধান সঁজুলি আছিল গৰু। সোয়ে প্ৰকৃতিৰ বিভিন্ন উপাদনক উপলক্ষ্য কৰি তথা গৰুক কেন্দ্ৰ কৰি বিভিন্ন কৃষিভিন্তিক লোক উৎসৱৰ সৃষ্টি হৈছিল। ভাৰতবৰ্যত প্ৰচলিত এনে কিছুমান উৎসৱ হ'ল— বিছ, লোহৰি, পোষ্ণল, নবান্ন আদি।

বিছ অসমৰ জাতীয় উৎসৱ। ই কৃষিভিত্তিক উৎসৱ। অসমৰ ভোগালী বিহেৰ আচাৰ-বীতিৰ লগত পঞ্জাৱৰ লোহৰি উৎসৱৰ বহুখিনি আচাৰ-বীতিৰ সাদৃশ্য দেখা যায়। লোহৰি উৎসৱে। পঞ্জাৱৰ কৃষি উৎসৱ। অসমৰ ৰঙালী বিহুৰ প্ৰথম দিনটো হ'ল গৰু বিহু। সেইদিনা গৰুক পূজা-সেৱা কৰা হয়। এই গঞ্চনিহৰ দৰে মহাৰাষ্ট্ৰৰ পোলা উৎসৱতো গৰুক পূজা কৰা হয়। এই গৱেষণা পত্ৰত ভোগালী উৎসৱৰ লগত লোহৰি উৎসৱ আৰু গৰু বিহুৰ লগত পোলা উৎসৱৰ এক তুলনামূলক আলোচনা কৰিবলৈ যত্ন কৰা হৈছে।

অসমৰ ভোগালী বিহুঃ

মকৰ সংক্ৰান্তি অৰ্থাৎ পূহ আৰু মাঘ মাহৰ সংক্ৰান্তিৰ দিনাখন ভোগালী বিহু আৰম্ভ হয়। পূহ মাহব শেষ ভাৰিখ আৰু মাঘ মাহৰ এক ভাৰিখ এই দূদিনত ভোগালী বিহু পালন কৰা হয়। এই সময়ত সূৰ্যাই মকব ৰাশিত অৱস্থান কৰে আৰু গৰম অনুভৱ হ'বলৈ ধৰে। এনে সময়তে অসমৰ খেতিয়কে তেওঁলোকৰ প্ৰধান খেতিৰ ফচল ধান চপাই শেষ কৰে। তাৰ পিছত তেওঁলোকে ভোগৰ উৎসৱ 'ভোগালী বিহু' পালন কৰে।

ভোগলী বিছত পালনীয় লোকাচাৰবোৰৰ ভিতৰত এটা হ'ল সানহ খুন্দা, পিঠা পুৱা, লাক আদি বিভিন্ন জলপান প্ৰস্তুত পালনীয় লোকাচাৰবোৰৰ ভিতৰত এটা হ'ল সানহ খুন্দা, পিঠা পুৱা, লাক আদি বিভিন্ন জলপান প্ৰস্তুত কৰা। বিছৰ কেইদিনমান আগৰেই পৰা গাঁৱৰ জীয়াৰী-বোৱাৰীহঁতে ঢেঁকীত সান্দহ-চিৰা খুন্দে, বিভিন্ন প্ৰকাৰৰ লাক বনায়, নানা তৰহৰ পিঠা পুৰে। প্ৰতিঘৰ লোকে কাপোৰ-কানি ধুই, বাচন-বৰ্তন চাফা কবি পৰিষ্কাৰ হয়। বিছৰ দিনাখন ৰাতিপুৱাতে ঘৰ-চোতাল গোৱৰ-মাটিৰে লোপি-মাচ চাফা তথা ওচি হয়। বিছৰ আগদিনাখন উৰুকা। নামনি অসমত উৰুকাৰ দিনাখন ৰাতিপুৱাৰে পৰা মহিলাসকলে 'মাহ-কঢ়াই'ভাজে। 'মাহ-কঢ়াই' ভাল নামনি অসমত উৰুকাৰ দিনাখন ৰাতিপুৱাতে জ্বানা আদি ধুই মাটিৰ চক বা লোব দোকমোকালিতে উঠি ভাজে। ইয়াৰ কাৰণ হ'ল বিছৰ দিনাখন ৰাতিপুৱাতে জ্বানোৱা মেজিত মাহ-কঢ়াই অপৰি কৰা হয়। মাঘ বিছ অৰ্থাৎ ভোগালী বিছৰ এটি প্ৰধান অঙ্গ হ'ল 'মেজি'। 'মেজি' বাঁহ, ধানৰ নৰা, থেব, কলৰ শুকান চোঁচনি আদিৰে সজা হয়। কোনো কোনোৱা খ্ৰীৰেও সাজে। বিছৰ তিনি-চাৰিদিন আগৰে পৰা গাঁৱৰ চেমনীয়াবোৰে পথাৰত নৰা কাটে। তাৰ পিছত ডাঙৰ ল'বাবোৰৰ লগত লগ লাগি পথাৰৰ মাজত বা

অসম- পঞ্জাব আৰু মহাৰাষ্ট্ৰৰ কৃষিভিত্তিক লোক উৎসৱ ঃ এক ডুলনামূলক অধ্যয়ন/297

গাঁৱৰ মুক্লি ঠাইত মেজি সাজে। মেজি সজাৰ বাবে গাঁৱৰ লোকৰ পৰা বহি কাটি আনে। মেজিৰ কাষত জাগবঢ়োৱা মাহ-প্ৰসাদৰ শৰাইৰ বাবে ঘৰে ঘৰে টকা-পইচা, চাউল-পাত আদিব বৰঙণি লয়। নামনি অসমত মেজিৰ ওচৰত এটি গাঁত খন্দা হয়। সক ল'বাবোৰে গাঁৱৰ প্ৰতিঘৰৰ পৰা বাহৰ টুকুৰা, কাঠৰ টুকুৰা আদি পুজি জানি গাঁতটোত জ্বমা কৰে। সন্ধিয়া হ'লে ইয়াক জ্বলোৱা হয়। এই গাঁতৰ জুইক 'মূনি' বোলে। মূনিৰ জুই পুতাইয়ে ল'বাবোৰে তাত উককাৰ ভোজ খায়। উজনি অসমত 'মেজি'ৰ কাষত এটা 'ভেলাঘৰ' সাজি তাত ভোজ খায়, বিহু মাৰে। নামনিত মেজিকেই ভেলাঘৰ বোলে। মাঘ বিহুব মুনিৰ লগত প্ৰাচীন ভাৰতৰ খবিমুনিৰ মুনিক বিজ্ঞাৰ পাৰি। খবিমুনিসকলেও অগ্নিমেবতা সমন্বিতে অন্যান্য দেৱ-দেৱীক পূজা কৰিছিল। মাঘৰ বিহুব মুনি খবিসকলৰ মুনিৰেই প্ৰভাৱ।

পূহ-মাঘৰ সংক্ৰান্তি আৰু মাঘৰ এক তাৰিখ দুয়োদিনতে মেজি জ্বলোৱা হয়। বিহুৰ দিনাখন বাতিপুৱাতে গা-পা ধুই গাঁৱৰ মানুহে মেজি জ্বলাবলৈ অৰ্থাৎ পুৱাবলৈ যায়। কোনো এজনে ধূতি-পামোচা পিন্ধি মেজিৰ চাৰিওফালে সাতপাক ঘূৰি সভক্তিৰে মেজিত জুই দিয়ে। হিন্দু ধৰ্মত অগ্নিক শক্তিশালী দেৱতাৰ ৰূপত সেৱা কৰা হয়। গঞাই ভজা মাহ-কঢ়াই মেজিৰ জুইত অপণ কৰি সেৱা জনায়। এইদৰে অসমীয়াই মেজিৰ জুইব মাজেৰে সমূহীয়াকৈ আছতি দিয়ে। মেজিৰ ওচৰতে মাহ-প্ৰসাদৰ শৰাই জাগবঢ়াইনাম-কীৰ্জন কৰে। ইশংকেবদেৱৰ নাম-ধৰ্মৰ প্ৰভাৱৰ ফল। সকলোৱে মেজিৰ ছাইৰ ফোট লয় আৰু ঘৰলৈ ওভোতাৰ সময়ত আধাপোৱা মেজিৰ বাহুৰ টুকুৰা লৈ যায়। এই বাঁহৰ টুকুৰা গোহালিত বান্ধি দিয়ে, ৰবি শস্যৰ পথাৰত পুতি দিয়ে। এনে কবিলে গো-লক্ষ্মীৰ শ্ৰীবৃদ্ধি হয়, শস্য নদন-বদন হয় বুলি লোকসমাজে বিশ্বাস কৰে।

ভোগালী বিহুৰ দ্বিতীয় দিনটো হ'ল মাঘৰ এক তাৰিখ। মাঘ মাহ পৱিত্ৰ মাহ। সেইদিনা বাতিপুৱাতেই সৰুৱে ডাঙৰক সেৱা কৰে, ডাঙৰে সৰুক আশীৰ্বাদ দিয়ে। নামঘৰত নাম-প্ৰসঙ্গ চলে; সকলোৱে নামঘৰত ভগৱনক সেৱা জনায়। দুপৰীয়া চিৰা-পিঠা, দৈ, গুৰ আদি বিভিন্ন দ্ৰৱ্যৰে জলপান খায়। ওচৰ-চুবৰীয়া, জালহী-জ্বতিথক নিমন্ত্ৰণ জনায়। এইদৰে ভোগালী বিহুৰ সামৰণি পৰে।

পঞ্জাৱৰ লোহৰিঃ

পঞ্জাৱৰ এটি জনপ্ৰিয় লোক উৎসৱ হ'ল লোহৰি। লোহৰি উৎসৱ পঞ্জাৱৰ উপৰিও হাৰিয়ানাতো পালন কৰা হয়। লোহৰি প্ৰধানত কৃষি উৎসৱ। এই উৎসৱ পূহ-মাঘ মাহৰ সংক্ৰোন্তিৰ দিনাখন অৰ্থাৎ মকৰ সংক্ৰোন্তিত পালন কৰা হয়। এই সময়ত কৃষিজ্ঞীৱি পঞ্জাৱীসকলে গম ধান সিঁচি আজৰি হয়। হাতত অফুৰম্ভ সম্ম। ধানৰ খেতিও শেষ হয়। গতিকে কৃষিজ্ঞীৱি লোকসকলে গম ধানৰ খেতি নদন-বদন হোৱাৰ মানসেৰে লোহৰি উৎসৱ পালন কৰে।

লোহৰি উৎসৱৰ মুখ্য আকৰ্ষণ হ'ল জুই জ্বলোৱা প্ৰথা। উৎসৱৰ কেইদিনমান আগৰ পৰাই প্ৰতিঘৰ লোকৰ জীয়াৰী-বোৱাৰীয়ে ঘৰ-দুৱাৰ মচি-কাচি পৰিষ্কাৰ কৰে, পাগ-হাড়ী গুই চাফা কৰে। চেমনীয়া ল'ৰা-থোলীবাৰে গাঁৱৰ প্ৰতিঘৰ লোকৰ বাৰী তথা হাবি-বননিৰ পৰা কাঠ, খৰি আদি সংগ্ৰহ কৰে। ইয়াৰোপৰি ঘৰে ঘৰে দান-বৰঙণি সংগ্ৰহ কৰে।

উৎসৱৰ দিনাখন সন্ধিয়া গাঁৱৰ সকলো লোকে একগোট হৈ সংগৃহীত কাঠ, খৰি দম কৰি জ্বলাই দিয়ে। গাঁৱৰ জীয়াৰী-বোৱাৰীকে ধৰি মহিলাসকলেও ইয়াত অংশগ্ৰহণ কৰে। সকলোৱে ঘূৰি ঘূৰি জ্বলম্ভ

AITHUN

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অসম-পঞ্জাব আৰু মহাৰাষ্ট্ৰৰ কৃষিভিত্তিক লোক উৎসৱ ঃ এক তুলনামূলক অধ্যয়ন

(বিশেষ উল্লিখন সহ)

७° विनीण ववा (मवरोष्टिम्बी নিতুমণি দাস

मशिक्ख माब :

ডেওঁলোকৰ একমাত্ৰ উপাৰ্জনৰ পথ। সেয়েহে কৃষিৰ পৰাই লোকজীৱনত সৃষ্টি হৈছিল বিভিন্ন লোক-উৎসবন। কোনো আভিজ্ঞাত্যৰ পৰশ নপৰা কৃষিজীৱি সাধাৰণ জনগণে স্বতঃস্কুৰ্তভাৱে নিজৰ কৰ্মময় জীবনৰ লগত মানুহ সামাজিক প্রাণী। আদিম লোকসমাজখন আছিল প্রধানকৈ কৃষি নির্ভবশীল। কৃষি আছিল কৃষিত্রধান সমাঞ্জত পূজা-উপাসনা, নৃত্য-গীত পৰিৱেশনৰ প্রধান উদ্দেশ্য আছিল উর্বৰতা বৃদ্ধি। নৃত্য-গীত, পুজা-উপাসনাৰ মাধ্যমেৰেই লোকসমাজত সৃষ্টি হৈছিল লোক উৎসবৰ। লোক উৎসব বুলিলে ক'ব পাৰি দঙ্গতি ৰাখি পালন কৰা উৎসৱ।

বৈচিত্ত্যশালী। ভাৰতৰ যিদৰে অতি বেছি বৰষুণ হোৱা ঠাই আছে, সেইদৰে বৰষুণ নপৰা মৰুভূমিও আছে। দেখা যায় সেইদৰে ভিন্ন সংস্কৃতিৰ অৰ্থীৎ লোক উৎসৱৰ মাজতো ঐক্যতা দেখা যায়। কিছুমান লোক উৎসবৰ তেনেদৰে ভৌগোলিক দিশত ভাৰতবৰ্ষ যিদৰে বৈচিত্ৰ্যশালী, তেনেদৰে সাংস্কৃতিক দিশতো এফালে যিদৰে সুউচ্চ হিমালয়ৰ দৰে পৰ্বত-পাহাৰ আছে, সেইদৰে আনফালে সাগৰ-মহাসাগৰো আছে। লোক উৎসৱবোৰ প্ৰাকৃতিক পৰিৱেশৰ লগতো জড়িত। ভাৰতৰ ভিন্ন প্ৰাকৃতিক পৰিৱেশৰ মাজতো যিদৰে ঐক্যতা মঞ্জত এক যোগসূত্র দেখা যায়। এই যোগসূত্র বা ঐক্যতাকে সার্বজনীন বুলি ক'ব পাৰি।

বিভিন্ন উপাদন, কৃষকৰ পৰম বন্ধু গো-লক্ষ্মীক কেন্দ্ৰ কৰি ভাৰতবৰ্ষত বন্ধতো উৎসৱৰ সৃষ্টি হৈছে। ভাৰতবৰ্ষত ভাৰতবৰ্ষ কৃষিকেন্দ্ৰিক ৰাষ্ট্ৰ। ভাৰতৰ কৃষকসকল প্ৰধানতঃ কৃষিৰ ওপৰত নিৰ্ভৰশীল। কৃষকৰ খেতিৰ প্রধান সঁজুলি আছিল গব্ধ। কৃষিব উৎপাদন বৃদ্ধিৰ বাবে, পৃথিবীৰ উৰ্বৰা শক্তি বৃদ্ধিৰ মানসেৰে তথা প্রকৃতিৰ গ্রচলিত এনে কিছুমান উৎসব হ'ল— বিষ্ক, লোহবি, পোঙ্গল, নবান্ন, পোলা, বৈশাখী আদি। অসম, পঞ্জাব,

প্রসম- পঞ্জাব আৰু মহাৰাষ্ট্রৰ কৃষিভিত্তিক লোক উৎসব ঃ এক তুলনামূলক অধ্য়ন/295

মহাৰাষ্ট্ৰত পালন কৰা ভোগালী বিহু, ৰঙালী বিহুৰ এক অংশ গ্ৰুদ্ধ বিহু, পঞ্জাবন লোহবি তথা মহাৰাষ্ট্ৰৰ পোলা মহাৰ্মিত শান্ত জনতাৰ জৰিয়তে আলোচনা কৰিবলৈ লোৱা হৈছে। ভোগালী বিহৰ লগত লোহৰি, উৎসৰক এই গৱেষণা পত্ৰৰ জৰি ভোনামালক অধ্যয়নৰ জনিয়ন্ত জনিয়ন্ত্ৰ জনিয়ন্ত্ৰ উৎসৱশ্ব লগত পোলা উৎসৱৰ এক তুলনামূলক অধ্যয়নৰ জৰিয়তে লোক উৎসৱৰ সাৰ্থলীনতাক দান্তি গৰুবিহুৰ লগত পোলা উৎসৱৰ এক তুলনামূলক অধ্যয়নৰ জৰিয়তে লোক উৎসৱৰ সাৰ্থলীনতাক দান্তি গুৰিবলৈ প্ৰয়াস কৰা হৈছে।

সূচক শব্দ ঃ লোক উৎসব, ভোগালী বিহু, গৰু বিহু, লোহৰি, পোলা, সাৰ্বজনীন।

গালন কৰা উৎসৱক বুজায়। এই লোক উৎসৱত কোনো বেদ-পুৰাণৰ বীতি নীতি নচলে, চলে মাথো নিজৰ কৃষিৰ উৎপাদন বৃদ্ধিৰ মানসেৰে তেওঁলোকে নানা দেৱ-দেৱীক সেৱা-ভক্তি জনাইছিল। বিশেষকৈ প্ৰকৃতিৰ উৎসৱ। সাধাৰণতে লোক শব্দই সকলো মানুহকে বুজায় আৰু উৎসৱ শব্দয়ো সকলো উৎসৱ-পাৰ্বণকে বন্ধায়। কিন্তু 'লোক' আৰু 'উৎসৱ' শব্দ দুটাৰ সংযোগৰ ফলত যি 'লোক উৎসৱ' ৰূপ হয় তাৰ পৰিভাষা ভিন নাপোৱা লোক। আকৌ উৎসব শব্দটোৱেও মানুহে স্বতঃস্কৃতিভাৱে নিজৰ কৰ্মজীৱনৰ লগত সঙ্গতি ৰাখি মঞ্জতে পৰম্পৰাগতভাৱে গঢ় লোৱা কিছুমান বীতি-নীতি, নিয়ম-কানুন। যিবোৰ বীতি-নীতি পালন কৰাৰ চ্লত তেওঁলোকৰ কৰ্মময় জীৱনৰ উন্নতি ঘটা বুলি ভাৱে। ক'ব পাৰি লোক উৎসৱ হ'ল সৰ্বসাধাৰণৰ বিশ্বাসৰ মানুহ সামাজিক প্রাণী। ইতিহাসে ঢুকি নোপোৱা দিনৰে পৰা মানুহে সমাজ পাতি সংঘবন্ধভাৱে বসবাস কৰি আহিছে। ইতিহাসৰ পৰা গম পোৱা যায় আদিম লোক সমাজখন প্ৰধানকৈ কৃষি নিৰ্ভবনীল আছিল। জীবন নিৰ্বাহৰ তাড়নাত তেওঁলোকে বছৰটোৰ বেছিভাগ সময় খেতি-শ্ৰতি কৰিয়েই কটাই দিছিল। ? বিভিন্ন ৰূপক ভগৱদৰ মৰ্যদা দি পূজা-পাতল আগবঢ়াইছিল। কালক্ৰমত এই পূজা-পাতলবোৰেই একো একোটা ভাঙৰ উৎসৱলৈ ৰূপাশুৰিত হৈছিল। "উৎসৱৰ বিভিন্ন কাৰ্যাৱলীৰ উদ্দেশ্য আছিল উৎসৱত ভাগ লোৱাসকলে বিচৰা অনুকুল পৰিস্থিতিৰ প্ৰতীকাত্মক প্ৰকাশ। সেইফালৰ পৰা ক'ব পাৰি যে, উচ্ছেসিত উপ্ডোগৰ চুদ্দেশ্য আছিল— উৰ্বৰতা বৃদ্ধিৰ যাদু, পূজা-উপাসনা উদ্যাপন কৰা হৈছিল— কৃষিৰ প্ৰাচূৰ্য্যৰ বাবে, উৎসৱৰ সময়ত অবাধ সঙ্গমৰ সুবিধা দিয়াৰ গুৰিতে আছিল যাদুমূলক প্ৰকাৰ্য সাধন, যাৰ উদ্দেশ্য আছিল কৃষিৰ প্ৰাচূৰ্য্ কামনা।" (শর্মা, পৃষ্ঠা ৩১৮) উৎসৱবেই এটা ভাগ হ'ল লোক উৎসব। লোক উৎসব হৈছে মূলতঃ সর্বসাধাৰণৰ হৈ পৰে। ইয়াত লোক মানে সাধাৰণ জনসাধাৰণ অৰ্থাৎ কৃষিজীৱি লোক বা কোনো আভিজাত্যৰ পৰশ ভৌত গঢ় লোবা উৎসব।

गैरवश्वाब डिस्म्मा :

সংস্কৃতিৰ দিশত ভাৰতবৰ্ষ এখন বৈচিত্ৰ্যশালী দেশ। এটা উৎসৱ ভাৰতবৰ্ষৰ পূব প্ৰান্তত যদি এটা গ্ৰীদ্যাভ্যাস, উৎসব-পাৰ্বণক্তে ধৰি সংস্কৃতিৰ পথাৰখনত ভিন্ন ৰূপ দেখা যায়। কিন্তু বিচাৰিলে এই ভিন্নতাৰ মান্ধতো এক সংহতি দেখা পোৱা যায়। পূব প্ৰান্তৰ পৰা পশ্চিম প্ৰান্তলৈ, উত্তৰ প্ৰান্তৰ পৰা দক্ষিণ প্ৰন্তৰলৈ সম দো এডাল সূতাৰে বন্ধা। লোক উৎসৱসমূহ অধ্যয়ন কৰিলে ইয়াৰ মাজত এক সাৰ্বজনীন ৰূপ পোৱা যায়। ৰ্মপত পালন কৰে, পশ্চিচম প্ৰাঞ্জত পালন কৰে আন এটা ৰূপত। ভাৰতবৰ্যৰ জনসাধাৰণৰ ভাষা, সাজ-পাৰ,

অন্নিত নানা দ্ৰৱ্য অৰ্পণ কৰি সেৱা জনায়। নানা মশ্ৰোচ্চাৰণেৰে তিল, গুৰ আদি দ্ৰব্যও জন্নিত উচৰ্গা কৰে। সকলোৰে হাতত প্ৰসাদ দিয়া হয়। এই প্ৰসাদ পঞ্চ দ্ৰব্যৰে তৈয়াৰী। গোটেই বাতি গীত গায়, ভাঙ্গুনা নাচ নাচে। ৰাতি 'Makki-Ki-Roti', 'Sarson Ka Sag' (মাক্কি-কী-ৰোটা, চাৰসো-কা- চাগ) তৈয়াৰ ক্ৰি থায়। ইয়াৰোপৰি শাকৰ পুজিং তৈয়াৰ কৰে। এই উৎসৱত ডাঙাৰে সৰুক উপহাৰ দিয়ে। ৰাতিপুৱা গা-পা ধুই আগদিনা জ্বলোৱা জুইৰ জাই সংগ্ৰহ কৰি ঘৰলৈ লৈ যায়। এনেকৈয়ে লোহৰি উৎসৱৰ সামৰণি পৰে।

অসমৰ গৰু বিহু ঃ

গৰু বিছ অসমত প্ৰচলিত ৰঙালী বিছৰ এক অঙ্গ।চ'ত-ব'হাগৰ সংক্ৰোন্তিৰ দিনাখন গৰু বিছ পালনেবে ৰঙালী বিছৰ আৰঙাল কৰে।গৰু বিছৰ দিনাখন খেতিয়কবোৰ ৰাতিপুৱাতেই উঠি গৰুৰ শিং-খুৰাত তেল ঘাই দিয়ে। তাৰ পিছত লাও, বেঙেনাৰ মালা গাঁঠি লৈ নৈ বা পুখুৰীত গৰুৰ গা ধোৱায়। আবেলি বিভিন্ন বন-পাতেৰে, খেৰ-তুঁহগুৰিৰে জ্ঞাগ দিয়ে। এই জ্ঞাগৰ ধোঁৱা গৰু-মানুহ সকলোৰে গাঁলৈ বিচি দিয়ে। তাৰ পিছত ধূপ-চাকি জ্বলাই সেৱা-ভক্তিৰে গৰুক নতুন প্ৰাৰে বান্ধে। এইদৰে গৰুক সেৱা-ভক্তিৰে গৰু বিছৰ সামৰ্গি ধূপ-চাকি জ্বলাই সেৱা-ভক্তিৰে গৰুক কৰুক মাহৰ্গ কৰাৰ বাতি 'গোহালি মাদায়' অনুষ্ঠিত কৰি কুকুৰা কাঁচি পূজা কৰে। তেওঁলোকে গৰুক তেল-ছাই সানে, গৰুক মাহ-হালধি সানি ফুলৰ মালা পিন্ধায়।" (বৰুৱা, পৃষ্ঠা ১২৭)

বৰ্ডমান বজালী জিলাৰ গোবিন্দপুৰত গৰুবিছৰ এক নতুন ৰূপ দেখা গৈছে। গোবিন্দপুৰত ২০০৭ চনৰ পৰা 'গৰুৰ সৌন্দৰ্য্য প্ৰতিযোগিতা' অনুষ্ঠিত কৰা দেখা গৈছে। এই প্ৰতিযোগিতাত সজাই-পৰাই অনা গৰুবোৰৰ মাজৰ পৰা ওখ-পাখ, শকত-আৱত দেখনিয়াৰ গৰুৰ গৰাকীক পুৰদ্ধত কৰা হয়। এই কাৰ্যৰ দ্বাৰা গৰু-পাই পুহিবলৈ কৰা এক জনচেতনা বুলিব পাৰি।

মহাৰাষ্ট্ৰৰ পোলা উৎসৱঃ

পোলা মহাৰাষ্ট্ৰৰ কৃষি উৎসৱ। কৃষকৰ প্ৰধান সহযোগী গৰুৰ প্ৰতি কৃতজ্ঞতাৰ চিনস্বৰূপে এই উৎসৱ পালন কৰা হয়। মহাৰাষ্ট্ৰৰ সাঁতৰা, পুনে আৰু শোলপুৰ অঞ্চলত শাওঁণ মাহৰ অমাৱস্যা তিথিত পোলা উৎসৱ পালন কৰা হয়। পোলা উৎসৱৰ আগদিনাখনক 'ভাসান' বোলা হয়। সেইদিনাখন গৰুৰ পুৰণা পঘা গেলাই নতুন পথাৰে বন্ধা হয়। ইয়াৰোপৰি হালধিৰ লগত বাদাম তেল মিহলাই নিঙত লগায়। গৰম পানীৰে গৰুৰ গা ধেওৱা হয়। উৎসৱৰ দিনাখন ওচৰৰ নৈ বা পুখুৰীলৈ নি বলদবোৰক গা ধোওৱা হয়। তাৰ পিছত গাত তেল ঘাঁহ, শিঙত সেন্দুৰ লগায়। তদুপৰি ডিঙিত ঘণ্টা-মালা, ভৰিত ঘুংগুৰু আদি পিন্ধাই দি নানাধৰণে সজাই-পৰাই তোলে। সজাই উঠি পূজাৰীৰ দ্বাৰা নানা পূজা-সেৱা কৰে। এটা সময়ত গাঁৱৰ সকলো কৃষকৰ বলদবোৰ সজাই-পৰাই শোভাযাত্ৰা কৰি শিৱ মন্দিৰলৈ লৈ যায়। এই উৎসৱত আন আন প্ৰতিযোগিতাৰ লগতে গৰুৰ দৌৰ প্ৰতিযোগিতাও অনুষ্ঠিত কৰে। এইদৰে হালৰ গৰুহালৰ শ্ৰীবৃদ্ধিৰ কামনাৰে পোলা উৎসৱ পালন কৰা হয়। কিয়নো গৰুহালৰ শ্ৰীবৃদ্ধিত কৰিয়ে। খেতিৰ কাম অসাৰ।

অসম- পঞ্জাৱ আৰু মহাৰাষ্ট্ৰৰ কৃষিভিত্তিক লোক উৎসৱ ঃ এক তুলনামূলক অধ্যয়ন/299

ভোগালী বিহু-লোহবি, গৰু বিহু-পোলা উৎসৱৰ তুলনামূলক আলোচনা ঃ

ছোগাল। তেলালী বিছ আৰু লোহৰি উৎসবক একেটা শ্ৰেণীত অন্তৰ্ভুক্ত কৰিব পাৰি। দুয়োটা লোক উৎসৱ আৰু মকৰ সংক্ৰান্তিত পালন কৰা হয়। এই উৎসৱ দুটিৰ আৰাধ্য দেবতা হ'ল অগ্নিদেৱতা বা সূৰ্যাদেৱতা। কুৰিৰ সৈতে জড়িত উৎসৱ দুটিৰ এটিত খেতি চপাই ভগৱানলৈ কৃতজ্ঞতাৰ চিনস্বৰূপে ভক্তি জনায় আৰু কুৰিৰ সৈতে জড়িত অধিক শস্য লাভৰ বাবে ভগৱানক প্ৰাথনা কৰে।

ভোগালী বিছৰ আচাৰ-ৰীতিৰ লগত লোহৰি উৎসৱৰ বছখিনি সাদৃশ্য আছে। মেজিক প্ৰদক্ষিণ কৰি অমি ছলোৱাৰ নিচিনা লোহৰি উৎসৱতো অগ্নিক প্ৰদক্ষিণ কৰা হয়। অসমীয়া চেমনীয়াবোৰে মেজি আৰু ধূনিৰ বাবে বাঁহ, কাঠ খৰি সংগ্ৰহ কৰাৰ দৰে পঞ্জাৱী চেমনীয়াবোৰেও কাঠ সংগ্ৰহ কৰে, দান-বৰঙণি তোলে। ভোগালীৰ মেজি ৰাতিপুৱা ছ্বলায়, লোহৰিৰ অগ্নি সন্ধিয়া ছ্বলায়। অৱশ্যে ভোগালীৰ ধূনি সন্ধিয়া ছ্বলায়। উল্পনিৰ ডেকাই উৰুকাৰ দিনা বিছ মাৰে; পঞ্জাৱত ভাঙ্কৰা নাচে। লোহৰিৰ ছুইত মহিলাসকলেও অংশগ্ৰহণ কৰে। মেজিৰ ছুইত মহিলাৰ উপস্থিতি কম যদিও জুইত অৰ্পণ কৰা মাহ-কঢ়াই গুলিল বাহিল। ভোজালীৰ কুইত অগ্নিত মহিলায়ে মেজিৰ অগ্নিত মাহ-কঢ়াই তুৰ্পণ কৰে। মাহ-কঢ়াই তিলৰো সংমিশ্ৰণ থাকে। লোহৰি ছুইত অৰ্পণ কৰা দ্ৰব্যৰ ভিতৰত এবিধ তিলও। অসমীয়াই বিহুত সিঠা-পনাৰ জ্বলপান, উৰুকাৰ ভোজ-ভাত খোৱাৰ দৰে পঞ্জাৱীবোৰেও 'Makki-Ki-Roti' বিশেষভাৱে ভোজন কৰে। লোহৰিৰ দান-বৰঙণিৰে প্ৰমাণ বাহিল কৰাৰ দৰে ভোগালীৰ দান-বৰঙণিৰেও মাহ-প্ৰসাদৰ শৰাই আগবঢ়ায়। অসমীয়াই মেজিৰ আধাপোৰা বাহিসংগ্ৰহ কৰাৰ দৰে লোহৰি উক্ত সাদৃশ্যবোৰৰ ওপৰত ভিত্তি কৰি ক'ব পাৰি লোক উৎসৱ সাৰ্বজনীন।

হিদ্দুধৰ্মী লোকে গৰুক ভগৱানকাপে পূজা কৰে। মানুহৰ বাবে গৰুৰ গাখীৰ, গোৱৰ আদি বৰ উপকাৰী। ইয়াৰোপৰি ধূতি-নীতি মনা হিদ্দুসকলে অশুচি বুলি ভাবিলে গৰুৰ গাখীৰ, গোৱৰৰাৰেই শুচি কৰে, অৰ্থাৎ পিৱি কৰে। গৰু কৃষকৰ পৰম বন্ধু। সেয়ে অসমৰ অসমীয়াসকলে গৰুক লক্ষ্মীস্থৰূপে ৰঙালী বিহুৰ প্ৰথম দিনটোত অৰ্থাৎ প্ৰথমেই গৰুক পূজা-আৰাধনা কৰে। মহাৰাষ্ট্ৰতো কৃষকৰ পৰম বন্ধু গৰুক পোলা উৎসৱৰ ধৰিয়তে পূজা-উপাসনা কৰে। গৰুবিহুত গৰুৰ পূৰণা পঘা সলাই নতুন পঘাৰে বন্ধাৰ দৰে পোলা উৎসৱৰ ভাসান ৰ দিনাখন গৰুক নতুন পঘাৰে বান্ধে। অসমীয়াই গৰুৰ শিং-পূৰ্বতি লৈ গৈ গা ধোৱায়। গৰুক বিহুত ধূপ-চাকি ধ্বলাই সোনা কৰে। গূৰাবা দিয়ে। অসমৰ বড়োসকলে মাঘ বিহুত গৰুক পূজা কৰে, গৰুক মাহ-চাকি ধ্বলাই সোনা পিন্ধাই সজাই তোলে। পোলা উৎসৱৰ বড়োসকলে মাঘ বিহুত গৰুক সজাই-পৰাই পূজাৰীৰ ছাৰা পূজা কৰে। ইয়াৰোপৰি পোলা উৎসৱত গৰুক সজাই-পৰাই লৈ যি দৌৰ প্ৰতিযোগিতা পাতে, তাৰে নিচিনাই অসমৰ বজালীতো সজাই-পৰাই গৰুৰ সৌন্ধৰ্য প্ৰতিযোগিতা কৰিব লৈছে। 'বজালীৰ গৰুৰ সৌন্ধৰ্য অসমৰ বজালীতো সজাই-পৰাই গৰুৰ সৌন্ধৰ্য প্ৰতিযোগিতা কৰিব লৈছে। 'বজালীৰ গৰুৰ সৌন্ধৰ্য অতিযোগিতা' এই অনুষ্ঠানটোত মহাৰাষ্ট্ৰৰ পোলা উৎসৱৰ প্ৰভাৱ পৰাৰ সন্দেহ আছে।

উপসংহাৰ :

বৰ্তমান বিশ্বায়নৰ যুগ। বিশ্বায়নে বৃহৎ পৃথিৱীখনক একেবাৰে ওচৰ চপাই লৈ আহিছে। এই দৃষ্টিত লোক উৎসৱসমূহৰ সাদৃশ্যতা স্বাভাৱিক। কিন্তু লোক উৎসৱ বৰ্তমান সময়ৰ সৃষ্টি নহয়। ই পৰম্পৰাগত,

সায়ান স্থাব ৰীতি-নীতি, আচাৰ-ব্যৱহাৰ অতীতৰ ধ্যান-ধাৰণাৰ ভেটিত গঢ় লোৱা। গড়িকে লোক অতীতাশ্ৰয়ী। ইয়াৰ ৰীতি-নীতি, আচাৰ-ব্যৱহাৰ অতীতৰ ধ্যান-ধাৰণাৰ লগতে ৰাজ্যৰ সোকত উৎসৱসমূহৰ সাধুনাত্ৰ অভাতন ভ্ৰমণ হ'ব যোগসূত্ৰ বুলি ক'ব পাৰি। এই মানুহৰ লগড মানুহৰ লোগসূত্ৰ জাতিৰ যোগসূত্ৰ যুদি নকৈ মানুহৰ লগত মানুহৰ যোগসূত্ৰ সুদি ক'ব পাৰি। এই মানুহৰ লগড মানুহৰ যোগসূত্ৰই অভাতাশ্ৰয়। ২মাৰ বাতি নালে। উৎসক্ষয়হৰ সাধুশাক অতীতৰ যোগসূত্ৰ যুদিব পাৰি। ইয়াক ৰাজ্যৰ লগত ৰাজ্যৰ যোগসূত্ৰ, জাডিৰ লগড কয় আমি এক মানব জাতি। সেয়ে লোক উৎসব সার্বজনীন।

মুলিও ই লোক উৎসৱৰ অঙ্গ নহয়। সংস্কৃতি বিবর্তন। 'গৰুৰ সৌন্দর্য' প্রতিযোগিতা' সেই ঠাইন গৰু নিহন নতুন য়ম এক মাল্য জ্ঞাত। তালে । বজাগীৰ গোবিন্দগুৰৰ 'গৰন সৌন্দৰ্য প্ৰতিযোগিতা' গৰু বিহুৰ লগত সঙ্গতি বাখি অনুষ্ঠিত কৰা হয়

अश्ट्यांकिन।

शामधिकाः

বকরা, হেমন্ড কুমান। বিছব উৎস, ঐতিহ্য আৰু পৰম্পনা। পূষ্ঠা,১২৭। শর্মা, নবীন চন্দ্র। অসমীয়া লোক সংস্কৃতিৰ আভাস। পৃষ্ঠা,৩১৮।

अञ्चलको इ

বৰুৱা, হেমন্ত কুমাৰ। বিছৰ উৎস, ঐতিহ্য আৰু পৰম্পৰা। বাণীমন্দিৰ, ডিব্ৰুগড়। প্ৰথম প্ৰকাশ, ২০১৩ श्रे हम।

রায়, তপন। ভারতের লোকসংস্কৃতি তুলনামূলক বিশ্লেষণ। অঞ্জুলি পাবলিশার্স, কলকাতা। প্রথম প্রকাশ, ২০১০ ইং চন। শর্মা, নবীন চন্দ্র। অসমীয়া লোক সংস্কৃতিৰ আভাস। বাণী প্রকাশ, পাণবজাব, গুৱাহাটী। দ্বিতীয় প্রকাশ, ১৯৯৫ ইং চন।

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/	Women's Leadership and Political Participation in India with Special Reference to Rural Women's Participation in Nation Building *Malina Boro**	77
	Challenges in Using ICT Tools Among Student Teachers C. E. Jayanthi	84
	Guidelines for Contributors	89

CONTENTS

Untouchable: A Clarion Cry Against Casteism Sudip Debnath	1
Comparison of Traditional and Modern Weaving Method Among Kuki Women Weavers in Manipur Jamkhosei Guite	9
भारत में महिलाओं की राजनीतिक भागीदारी पप्पी बार्ड	16
Retailer's Perception Towards Cashless Transaction in Dumka District (Jharkhand) Amit Nag	24
Micro Finance Inclusion in Bihar Ajit Mandal	32
झारखंड की जनजातीय पांरपरिक काष्ठ कला एवं चित्रकलाएं एक दृष्टि <i>डॉ. सुचिता बाड़ा</i>	41
दार्शनिक परम्परा में ज्ञानमीमांसा के विभिन्न आयाम 🧪	47
Climate Change and Agricultural Stress Manish Kumar Gupta	53
Obama Administration and the Israel-Palestine Conflict Ratan Kumar Nayak	59
Soft Power Diplomacy in Japan-India Relation: Prospects and Practice Naresh Subba	68

Women's Leadership and Political Participation in India with Special Reference to Rural Women's Participation in Nation Building

Malina Boro*

INTRODUCTION

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Empowerment is an idea of power through which human being achieve control over his/her old life. It means self esteem, self reliance and self confidence. On the other hand women empowerment is the key to achieve the gold of gender equality. Women empowerment is also an important element for making progress towards human development. Their empowerment indicates a process of equal redistribution of power by challenging the norms and tradition of the society dominated by patriarchal ideology. It is the most crucial step for establishing equality and eliminating oppression against women. In this regard women's political participation plays crucial role in the process of their empowerment. Political empowerment is one of the tools through which position and the status of women can be lifted to a great extent. But women's leadership and political participation is possible only if they become politically empower. No doubt all human beings are born free and equal in dignity and rights and freedoms without distinction of any kind, such as race, colour, sex, language, religion, birth or other status. However, it is the most unfortunate that women have suffered inferior position to man in almost all society of the world. In most cases, women are denied their right to equality and freedom in many spheres because of their gender and sex. Hence, in order to establish equality between man and women political empowerment of women is very necessary which may improve their position in society. However, political empowerment of women is achieved when they enjoy equality and freedom in the process of sharing of political powers. The main indicator of women's political empowerment is their participation in the political process as voters, as candidate in election or holders of political position. In the Indian society there is lack of proper environment to encourage women to participate

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Gender and Subject Wise Academic Achievement of the B.Ed. Students in Tamil University Dr. R. Anandarasu	72
बर आरो असमीया रावनि मुंराइनि सायाव रुजुनाय Sumitra Narzary	78
Guidelines for Contributors	85

बर आरो असमीया रावनि मुंराइनि सायाव रुजुनाय

Sumitra Narzary*

बर' आरो असमीया मोननैबो रावानो गुबुन गुबुन राव फोलेरनिफ्राय जोनोम मोननाय राव। बर' रावा Sino-Tibetan राव फोलेरिन तिब्बत बार्मान हान्जानिफ्राय फैनाय राव आरो असमीया रावा गाहायै इण्ड इउर'पियान राव फोलेरिनफ्राय फैनाय राव। मोननै रावानो गुबुन गुबुन राव फोलेरिनफ्राय जोनोम मोननाय रावब्लाबो बे मोननै रावखौ बुंग्रा मानिसफोरा खाथि थालायनायिन जाहोनाव बिसोरिन गेजेराव माखासे होलाय लालाय सोमजिदों। बेनिखायनो मोननैबो राविन गेजेराव गोबां गोरोबनाय आरो गोरोबलायिखौ नुनो मोननाय जायो। गाहायाव मोननैबो राविन मुंराइनि सायावल' रुजुनानै गोरोबनाय आरो गोरोबलायिखौ सावरायनाय जाबाय।

सरासनसायै मुंमानि जायगायाव जाय जयो बेनो मुंराइ। मुंमा सोदोबनि गले गले गाबज्रिनायखौ गैया खालामनो थाखाय रावाव मुंराइ बाहायनायखौ नुनो मोननाय जायो। बर' आरो असमीया मोननैबो रावआव मुंराइखौ मोन स्नि बाहागोआव बोखावना दिन्थिनो हागौ।

बेफोर जाबाय

- 1. सुबुं दिन्थिग्रा मुंराइ
- 2. थावनि दिन्थिग्रा मुंराइ
- 3. सोंनाय दिन्थिग्रा मुंराइ
- 4. थि दिन्थियि मुंराइ
- 5. गाव दिन्थिग्रा मुंराइ
- 6. सोमोन्दो दिन्थिग्रा मुंराइ आरो
- 7. जथाय दिन्थिग्रा मुंराइ

गाहायाव मोननैबो रावनि मुंराइखौ बिदिन्थिजों रुजुलांनाय जाबाय

 सुबुं दिन्थिग्रा मुंराइ: बर' आरो असमीया मोननैबो रावआवनो सुबुं दिन्थिग्रा मुंराइखौ सानरायिन बिथिंनिफ्राय मोननै आरो सुबुंसाइनि बिथिंनिफ्राय मोनथाम बाहागोआव रानननो हागौ जेरै-

बर

सुबुंसाय	से सानराय	बां सानराय
सेथि सुबुंसाय	आं	जों

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ৰচিত যদিও, ই বজ্বালীৰ ইতিহাসৰ এক সমল।

পাদটাকা

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গ্রহুপঞ্জী

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চতুৰ্থ প্ৰকাশ, ২০১০। মূাৱত। ভূগ্ৰো, ড° সূৰ্য্য কুমাৰ (সম্পা.)। কামৰূপৰ বুৰঞ্জী। অসম চৰকাৰৰ বুৰঞ্জী আৰু প্ৰতিম্ব

বিভাগ। চতুৰ্থ প্ৰকাশ, ২০১৫। মুদ্ৰত। শৰ্মা, ভূপেন্দ্ৰ নাথ (সম্পা.)। বজালী দৰ্পণ। অসম সাহিত্য সভাৰ ত্ৰিপঞ্চাশতম পাঠশালা

व्यविद्धन्त। ১৯০৮ भक्। मुक्टिए।

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Vol. XI, Number - 1

January, 2022

21

27

34

39

45

52

55

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Co-Editor

58

64

74

Model Dispersion Curves of an Multiloopcross Section with

Metallic Boundary Dr. Alka Sharma

An Uncertain Equality: Subtle Gender Biases

'At Work' in Corporate Organisations

Shalini Suryanarayan

S. B. Nangia

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New Delhi-110002

CONTENTS

Prof. Mehjabeen Javed Shaikh The Impact of Buddhism on Anita Desai's Journey to Ithaca Dr. Ganesh Kumar Srivastav Socio-Economic Background of Long Distance Inter-State Migrants in Kerala Dr. Sheeja J. A Study on Attitude Towards ICT Among School Teachers in Vellore District Dr. A. Selvaraj Learning Styles Dr. Sajeena S. Integrated Marketing Communication Dr. Subhanjali Chopra and Dr. Meenakshi Chaudhary Modal cut off Behaviour of an Optical Waveguide With a Multiloop Core Cross Section Embedded in a Metallic Boundary Dr. Alka Sharma Shashi Deshpande: Pioneer in Women's Writing (An Analytical Study) Dr. Mousumi S. Manna	t With Positivity	R. K. Narayan: His Use of Indian Myths and Traditions Dr. Madhu Jain Economics of Marketing of Selected Poultry Broiler	
ikh ikh nita Desai's Journey to v of Long Distance Inter-3 of Long Distance Inter-3		Existential Crisis – Getting Out With Positivity Dr. Sreekala K. L.	t With Positivity an Myths and Traditions ected Poultry Broiler

Guidelines for Contributors	A Study on Perception and Problems of Salaried Taxpayers with Special Reference to Belagavi District Sachindra G. R.	An Understanding of the Functioning of Photovoltaic (PV) Cell Megha S.	भारतीय लोकतंत्र और चुनाव सुधार : एक विमर्श राजेश कुमार यादव	A Study of Self-Esteem of Primary Teachers of Gujarat State in Context of Certain Variables Dr. Manish Chandulal Parekh	The Pros and Cons of Employees Empowerment in Organisation Dr. Yogesh Pandey	Environmental Ethics of Eco-Philosophy in R.N. Tagore's Vision – A Need of Internalization of Environmental Values for the Humankind in Future Dr. K.B. Nayak	নিভুমণি দাস	অসমীয়া আৰু বড়ো ভাষাৰ নিচুকনি আৰু ল'ৰা-ধেমালি গীতঃ এক অধ্যয়ন	जिन्न सादान आथि नि आधि Phanidhar Baro	Problems and Future of Regional Political Parties in Assam Mantu Baro	शिक्षा : ऑनलाइन एवं डिजिटल के रूप में Dr. Parikshit Layek	दसवें दशक के हिन्दी नाटकों में नगरीय परिवारों में बच्चों की स्थिते सुनीता देवी	तीन कृषि कानून और किसान आंदोलन : एक सिंहावलोकन डॉ. नेश कुमार	Teachers of Higher Education Dr. Santhosh Areekkuzhiyil
165	157	152	3	4	135	127		118	<u>-</u>	109	103	98	90	80

অসমীয়া আৰু বড়ো ভাষাৰ নিচুকনি আৰু ল'ৰা-ধেমালি গীত ঃ এক অধ্যয়ন

নিত্মণিদাস*

প্ৰাচীনৰ পৰা বৰ্ডমানলৈ এটা জাতিব স্বৰূপ বহন কৰে সেই জাতিটোৰ লোকসাহিতাই। লোকসাহিত্য হ'ল লোকমনৰ সহজ সৰল অভিবাভি। লোকজীৱনৰ ঘাই চালিকা শক্তিয়ে হ'ল লোকমন। লোকমনৰ লগতে ব্যক্তিমনৰ এক অবিচ্ছেদা সম্প্ৰক আছে। লোকসাহিত্য সৃষ্টিৰ আঁৰত ব্যক্তি জড়িত হ'লেও কিন্তু ইব্যক্তিকেন্দ্ৰিক হৈ নাথাকি সমষ্টিকেন্দ্ৰিক হৈ পৰে। অসম ৰাজ্যখন বহুভাষিক সমষ্টিৰে গঠিত।ইয়াক ভিন্নৰম্ভী ভাষিক ফুলেৰে গঢ় লোৱা এখন ধুনীয়া ফুলনি বুলিব পৰি। যিদৰে ভিন্নৰম্ভী ফুলনিভৰাৰ প্ৰতিটো ৰাঙ্কৰ প্ৰতিজ্ঞোপা ফুলে স্বকীয় সৌন্দৰ্যৰ লগতে এক সামুহিক সৌন্দৰ্যও সৃষ্টি কৰে, ঠিক সেইদৰে অসমৰ প্ৰতিটো ভাষাৰ লোকসাহিত্যই নিজ ভাষাক সমৃদ্ধিশালী কৰাৰ লগতে অসমীয়া লোকসংস্কৃতিৰে এক অংগ। অসমৰ জনগোষ্ঠীয়া ভাষাবোৰৰ লগতে অসমীয়া ভাষাৰ মৰ্যাদা বৃদ্ধি কৰিছে। লোকসাহিত্য লোকসাহিত্যৰ মাজত এক সংহতি দেখা পোৱা যায়। এই সংহতিয়েই হ'ল ভাকসাহিত্যৰ এক বিশেষত্ব। কাৰণ লোকসাহিত্যৰ সৃষ্টিয়েই হ'ল লোকসমাজত। ভাষাৰ পাৰ্থক্য থাকিলেও লোকসমাজৰ বা লোককৰৰ পাৰ্থক্য নাই।

লোকসাহিত্যৰ এক উল্লেখনীয় অংগ হ'ল লোকগীত। লোকগীতত লোকমনৰ আবেগ-অনুভূতিৰ বৈচিত্ৰতে। কল্পনাৰ প্ৰবেলতা, ছন্দ-অলংকাৰৰ সৌন্দৰ্য, সুৰৰ লাৱণ্যতা, ভাৱৰ সৰলতা দেখা পোৱা যায়। লোকগীতৰ এক শ্ৰেণী হ'ল কৰ্ম বিষয়ক গীত। এই কৰ্ম বিষয়ক গীতৰে এক ক্ষুদ্ৰ অংগ হ'ল নিচুকনি আৰু ল'ৰা-ধেমালিৰ গীত। পিণ্ড সন্তানক মাকে মৌ বৰবা মাতেৰে সুৰৰ মায়াজাল মৌল টোপনি নিয়াবলৈ কৰা প্ৰয়াসতেই জন্ম হয় 'নিচুকনি গীত'ৰ। আকৌ দৌৰি ঢাপলি ঘূৰি কুৰা কণ কণ শিশুহঁতক দূৰলৈ গৈ দুন্ধীলি কৰা বা নানা ঠেহ-পেচেৰে কৰ্মব্যস্ত মাকক দিগদাৰি দিয়াৰ পৰা আঁতৰাই ৰখাৰ বাবে ল'ৰা-ধেমালি গীতৰ সৃষ্টি।

অসমীয়া ভাষা হ'ল আৰ্যমূলীয় ভাষা। বড়ো হ'ল চীন-তিব্বতবৰ্মীমূলৰ ভাষা। দুটা ভিন্নগোত্ৰীয় ভাষা হলেও তুলনা কৰি চালে ইয়াৰ মাজত এক বিশ্বজনীন ৰূপ পোৱা যায়। অসমীয়া বড়ো দুয়োটা ভাষা লোকসাহিত্যত চহকী। লোকসাহিত্যৰ বিশেষহাৰে দুয়োটা ভাষাৰ সাহিত্যৰ মাজত এক সংহতি দেখা যায় যদিও ইয়াৰ মাজতে এক ক্ষুদ্ৰ জাতি সহাৰ স্বৰূপো প্ৰকাশ পায়। লগতে শিশু ভাৰু নাবী মনস্তত্বৰো সম্ভেদ পায় নিচুকনি গীত আৰু ল'ৰা-ধ্ৰেমালি গীতৰ মাজৰে।

निष्ट्रकीन शीठ है

নিচুকনি গীতৰ অৰ্থ হৈছে কেঁচুবাক নিচুকোৱা গীত। সকলো লোককে গীত অৰ্থাৎ সংগীতে আকৰ্ষণ কৰে। সংগীতৰ সুৰৰ মাধুৰ্যতাই মানুহৰ মনক আন্ত এক জগতলৈ লৈ যায়। নিচুকনি গীতৰ সুৰে এটি কণমানিৰ মনক শান্ত কৰি টোপনিৰ কোলালৈ লৈ যায়। নিচুকনি গীতক 'ধাইনাম'ও বোলা হয়। হেমচন্দ্ৰ গোখামীয়ে ধাইনামক তিনিটা ভাগত ভাগ কৰিছে; যেনে — (ক) ল'বা ওওৱা নাম (খ) ল'বা নিচুকোৱা নাম আৰু (গ) ল'বা ওম্বলোৱা নাম। মাক, ধাইমাক বা

120 নিক্তমণিদাস

অনাদা বয়োজেখী নাৰীসকলৰ মুখতেই এই নিচুকনি গীতৰ সৃষ্টি।(১২৯, ড° বৰুবা) অসমীয়া সমাজত প্রচলিত থকাৰ দৰে বড়ো সমাজতো নিচুকনি গীতৰ প্রচলন আছে।বড়ো ভাষাত নিচুকনি গীতক ' गोथो বুংগুলানা সমাজত প্রচলিত থকাৰ এটিৰ মন ফুলকুমলীয়া।ফুলকুমলীয়া মনে সদায় মৰম বিচাৰে।মনেমেনে আপদাল কবক এনে আশাৰে শিশু এচিয়ে মানৰ ওচৰত ঠেনঠেনাই থাকে।এনেকৈয়ে ঠেনঠেনাই থকা শিশুটিৰ সোনকালে টোপনি আহক তাৰে আশাৰে গায় -

আমাৰে মইনা শুৱ <u>এ</u> বাৰীৰে কাৰী ৰূব এ

বাৰীৰে বগৰী পকি সৰি যাব

আমাৰে মইনাই বুটলি খাব।

এইদৰে গোৱা গীতবোৰৰ সুৰৰ যি লালিতা, কোমলতা সিয়ে শিশুটিক নিদ্ৰাৰ কোলালৈ লৈ যায়। শিশুৰ সংগীতপ্ৰিয়তা আৰু সংগীতৰ স্বাভাৱিক মাধুৰ্যাই ধাইনামৰ প্ৰাণা (১২৯, ড' বৰুৱা)

নিচুকনি গীত বা ধাইনামৰ বিষয়বস্তু শিশুৰ উদ্ধাম কল্পনা, মাকৰ উজ্জল আশা আব বিশাস-অবিশ্বাসৰ কিছুমান শিশু সুলভ সাখিৰ।'(৭৪, গাঁগৈ)

শিশুৰ মন কল্পনা প্ৰবৰ। নিচুকনি গীতত প্ৰকৃতিৰ নানা ৰূপক উপস্থাপন কৰি জোন, তৰা বিভিন্ন জীব-জযুক মনবীয়কৰণ কৰি শিশুৰ লগত এক আত্মিক সম্বন্ধ গঢ়ি তোলে। যেনে সন্ধিয়াৰ আকাশৰ গুল জোনৰ লগত সমন্ধ স্থাপন কৰি গায় -

'জোনবাই এ আহ আহ

ভাত দিম মাছ দিম

চাঙৰ তলত বাহা দিম

পুরা উঠি ভব্দতকে যাবি।'

চাঙৰ ওপৰত শিশুটোৱে শুব আৰু তাৰ লগৰীয়া জোনবাইক ভাত মাছ খুৱাই তাৰ ওচৰতে চাঙৰ তলত ৰাখিব। অসমীয়া ভাষম এই গীতক্তিৰ দৰে বড়ো সমাজত প্ৰচলিত এটি নিচুকনি গীত হ'ল

'市 夏季市市市

आगैओं गेलेनि.

मेथाइ सिनि रानानै जानि।' (240, बसुमतारि)

ओड दुदु फै फै

ओइ दुदु के

नों फैयाबोला थालिर थारसे हर

थालिर थारसे हरावना

ओह दुदु के के

थालिर थाइनै हर।

आह दुद फ फ

ইয়াৰ ভাষাৰ্থ হ'ল অ' জোন আহু আহু, নাহা যদি কল এটিকে দিয়া। নাৰী মমতাময়ী। এই মমতাময়ী নাৰীৰ কলনাশক্তিয়ে বাচি লয় শিশুৰ মন কোমলোৱা সহজ সৰলা শব্দ। নাড় না ধাইৰ মুখৰ পৰা নিগত মুদু মধুৰ হ্বানিয়ে শিশু এটিক অনা এক জগত*লৈ লৈ গৈ* নিদ্ৰাত মগ্ৰ কৰে। শিশু এটিৰ মনৰ ভাম অতি সহজতে বুজি পায় মাক বা থাইগৰাকীয়ে। সেয়ে শিশুটিয়ে কি ভাল পায়, কি বিচাৰে এইবোৰ মাড় বা বাইগৰাকীয়ে। জানে। মিশুৰ মনক সম্ভ্ৰেই কৰিব পৰাকৈ তেওঁলোকৰ মুখত নানা গীতৰ জগ্ম হয়। আকাশৰ জোনবাইৰ ওচনত হাত পাত্

্জানবাই এ বেজী এটি দিয়া

नाि शाय

বেজীনো কেলেই মোনা সীবলৈ মোনানো কেলেই ধন ভৰাবলৈ

ধননো কেলেই হাতী কিনিবলৈ হাতীনো কেলেই উঠি ফুৰিবলৈ উঠি ফুৰিলে কি হয়

বৰ মানুহ হয়।'

বড়ো মাতুগৰাকীয়েও সন্ধিয়াৰ জোনটোৰ ওচৰত সন্তদৰ বাবে হাত পাতি পায় –

'अखाफोर अखाफोर

मा नागिर दों ब्रिजि खान्दा नागिर दों

बिज खादा नागर दा बिज खादाखी मानो

हिस्ति गिजिखौ मानो मोसौ राण्डानो गानहोनों मोसी राण्डाखो मानो हायाइ सालिआव फाननो।' ইয়াৰ ভাৱাৰ্থ হ'ল হা' জেদ, বেজী এটি দিয়া। বেজীনো কিয় লাগে কাপোৰ চিলাবলৈ লাগে, কিয়নো বঙা কাপোৰ ভিভিত নেৰাই গৰুটো বজাৰলৈ নিব লাগে।

নাৰী স্বাহানিকতে অনুভূতিপ্ৰবৰ, আশাবাদী। তেওঁলোকৰ মনত সদায় এটা আশা জাপ্ৰত হৈ থাকে। নিভ সহান সোনকালে ভাঙৰ হ'ব, ভাঙৰ হৈ ধন থাটিব, সমাজত উচ্চ স্থান পাব। সেরে কোনো অখ্যাত মাতৃৰ মুখত সৃষ্টি হৈছে বিখ্যাহ 'জেনবাই এ বেজী এটি দিয়া' গীতটি। জোনবাইৰ পৰা পাবলৈ বিচৰা এটি সাধাৰণ কুদ্দ বেজীৰ পৰাই মাকৰ মন বৃহৎ হাইটিটলৈ প্ৰসাধিত হৈছে। সেইদৰে বড়ো মাতৃগৰাকীৰ আশা এটি নেজীৰ পৰা গৰু বিক্ৰী কৰি ধন অজালৈ প্ৰসাৰিত

শিত মনস্তত্ব তথা নাৰী মনস্তত্ব প্ৰকাশৰ লগতে অসমীয়া বড়ো ভাষাৰ নিচুকনি গীতবোৰৰ মাজত যে এক সংহতি আছে তাক অনুধাবন কৰিব পাৰি। এটা পৰিবেশত একেলগে বসবাস কৰাৰ বাবেই অসমীয়া আৰু বড়ো দুটা ভিন্নগোত্ৰীয় ভাষা হলৈও দুয়োটা ভাষাৰ ভাষা হলৈও দুয়োটা ভাষাৰ পীতবোৰৰত এক যেগামুত্ৰ দেখা পোৱা যায়। ইমেই দুটা ভাষাৰ মাজত এক সংহত্তিৰ পৰিচয় বহন কৰে। দুয়োটা ভাষাৰ গীতবোৰৰত এক যেগামুত্ৰ দেখা পোৱা যায়। ইমেই দুটা ভাষাৰ মাজত এক সংহত্তিৰ পৰিচয় বহন কৰে। দুয়োটা ভাষাৰ গীতবোৰৰত এক মেজেনে সকলো শিশুৰ বাসকতাই এক বিস্থাজনীন ৰূপ দাঙি ধৰে। এই গীতবোৰৰ মাজেনে সকলো শিশুৰ বা

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	Impact of ICT on the Knowledge Sharing Practices of Teachers of Higher Education Dr. Santhosh Areekkuzhiyil	80
	तीन कृषि कानून और किसान आंदोलन : एक सिंहावलोकन डॉ. नरेश कुमार	90
	दसवें दशक के हिन्दी नाटकों में नगरीय परिवारों में बच्चों की स्थित सुनीता देवी	98
	शिक्षा : ऑनलाइन एवं डिजिटल के रूप में Dr. Parikshit Layek	103
~	Problems and Future of Regional Political Parties in Assam Mantu Baro	109
	जिउ सोदोब ओंथि नि ओंथि Phanidhar Baro	114
	অসমীয়া আৰু বড়ো ভাষাৰ নিচুকনি আৰু ল'ৰা-ধেমালি গীতঃ এক অধ্যয়ন নিচুমণিগাস	118
	Environmental Ethics of Eco-Philosophy in R.N. Tagore's Vision – A Need of Internalization of Environmental Values for the Humankind in Future Dr. K.B. Nayak	127
	The Pros and Cons of Employees Empowerment in Organisation Dr. Yogesh Pandey	135
	A Study of Self-Esteem of Primary Teachers of Gujarat State in Context of Certain Variables Dr. Manish Chandulai Parekh	141
	भारतीय लोकतंत्र और चुनाव सुधार : एक विमर्श राजेस कुमार यावव	147
	An Understanding of the Functioning of Photovoltaic (PV) Cell Megha S.	152
	A Study on Perception and Problems of Salaried Taxpayers with Special Reference to Belagavi District Sachindra G. R.	1-
	Guidelines for Contributors	165
		TO THE REAL PROPERTY.

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Problems and Future of Regional Political Parties in Assam

Mantu Baro*

ABSTRACT

Like other states of India Assam also has regional political parties. Since the 1stgeneral elections (1952) different regional political parties have appeared, participated in assembly parliamentary and other council elections and disappeared due to several reasons. The Natun Asom Gana Parishad (NAGP), Trinamool Gana Parishad (TGP), Asom Jatiya Sanmilan (AJS), United Minorities Front (UMF), Bodoland People's Progressive Front (BPPF), Autonomous State Demand Committee(ASDC), Plains Tribal Council of Assam(PTCA) were some regional parties which have disappeared from the scene of politics in Assam. At present there are 5 major and active regional parties in Assam. These are – AGP(Asom Gana Parishad) AIUDF(All India United Demoratic Front), BPF(Bodoland People's Front), UPPL(United People's Party Liberal) and Raijor Dal. AGP and UPPL are alliance partners of present ruling BJP party in Assam. Since the last 11th general election, 2001 no regional parties could not form govt. in Assam. Regional parties are becoming weak in Assam. In this article we shall focus the problems and reasons for the weakening of regional political parties in Assam and the future of these parties.

Keywords: Natun, Bodo, Bodoland, Raijor, Sanmilan, Karbi, Gana

INTRODUCTION

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Political parties are mainly formed to capture power (form govt.), fulfill the needs and aspirations of the people of a state or certain regions. Like national political parties whose target is to rule the country regional parties also aim to rule a state alone or with the help of alliance partners. The other purpose of regional parties are to safeguard a community, language, religion and culture. There are many regional political parties in India which are formed to protect their own language, and culture. There is no exception to it in the case of Assam also. The major and active regional political parties of Assam at present are the AGP, AIUDF, BPF, UPPL and Raijor Dal.

PROBLEMS OF REGIONAL POLITICAL PARTIES IN ASSAM

There were many other regional political parties in Assam which had participated in different elections but had disappeared from the scene of state politics for different reasons. Some of these regional parties being NAGP, TGP, AJS, UMF, BPPF, ASDC, PTCA etc. These regional political parties were formed with the objectives of safeguarding their respective communities, language, culture and also for the development of their own region. For example, the NAGP was formed with the aim of protecting the Assamese language, culture and if possible to be a ruling partner in the state. The ASDC was formed to protect and influence the Karbi community, their language and culture of Karbi people of Karbi Anglong Hill district which is an autonomous council of Assam. The same is the case

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CONTENTS

A Study of Boys & Girls in Relation to Their Creativity Dr. Tel Pratap Singh मुराद्याचार अभ्यत के स्वारंक स्तर के छात्र-छात्रओं की, अनुसंख्या प्रिया एवं नए परिवार मात्रक के प्रति अभिरुचि का तुलनात्कक अध्ययन थी. रक्षिय सुमार (यामी

Issues and Challenges on National Rural Health Mission Boska Nagaraju

शब्दार्थ सम्बन्ध स्वरूप एक वैवाकरण दृष्टि डो. महाबीर प्रसाद सारस्वत भारत में लोकपाल की स्थापना एवं कार्यप्रगति एक समालोचनात्मक अध्ययन डो. राजेन्द्र कुमार उधाम सिंह नगर के हिंदी एवं अंग्रेजी माध्यम के उच्चतर माध्यमिक विवालयों में आध्ययनरत् विद्यार्थियों के व्यक्तिगत मूल्यों का तुलनात्मक अध्ययन बिशाल मीये और डॉ. अनुराग यादव Conservation of Flora and Fauna in Manas National Park for Toursm Df. Gopesh Ch. Das

H

Historical Background of Sri Shipli Siddalinga Swamy and Raja Ravi Varma

झारखंड में जनजातीय विद्रोह और आंदोलन : एक अध्ययन C.S. Anupama and Prabhu K.

Effect of Anxiety on Academic Performance Among Adolescents Results from the Research डॉ. सतीश कुमार

Suman Bala

Knowledge Beyond Books Sanjeev Kumar

Dr. Shrutashwinee Gogol and Dr. Naraginti Amareswaran Reddy Essential Life Lessons and Philosophy of Osho

67

Dr. Shrutashwinee Gogoi and Dr. Naraginti Amareswaran Reddy Life-Changing Lessons from the Epic Ramayana

Conservation of Flora and Fauna in Manas **National Park for Toursm**

Dr. Gopesh Ch. Das*

- ABSTRACT -

The name of the park is originated from the "Manas River" which passes through the heart of The Manas National Park" Manas river exploding out of the foot hills of Bhutan Manas National Park is located in the state of the Assam in North-East India. The Manas National Park spared across Baksa and Chirang District in BTR, Assaa. It is situated on the foot of the Himalayas and part of its extended in Bhutan.

Keywords: Manas National Park, Flora, Fauna & Tourism

INTRODUCTION

The offer excellent habitants such as Terai- Bhabhar grasslands, forests, rivers and wetlands along Manas National Park is world renewed for its exceptional natural beauty and charismatic wildife with the low shiwalik hills those are contiguous with the Himalayas in Bhutan.

Manas from a crucial landscape link to several other protected areas in the region. To the North, it is contiguous with Royal Manas National Park, phipsu wildlife sanctuary and khaling wildbite sanctuary in Bhutan, in west, it is separated from the Buxer Tiger Reserve of west Bengal by the River Sankosh. Evolutionary, it is the entry point of tigers into India and combined with Buxa-Namen-Pakke-Namadapha Tiger Reserves and protected areas in Bhutan and Myanmer, forms the single largest tiger conservation landscape for Bengal tigers (Panthera tigris tigris) in the world

39

16

52

species are Dicotyledons, 162 species monocotyledons and 30 are pteridophytes and 1 species of Gymnosperms. A number of ethno-medicinal plants have also recorded from the park. Broadly they can also be categorized as 89 tree species, 49 shrubs, 37 under shrubs, 172 herbs, 36 species of climbers, 15 species of orchids, 18 species of farm and 43 species of grasses. The vast expanses of grasslands in Manas National Park support a large number of mega herbivores. The tall grass A total of 622 plants species have been recorded from Manas National Park. Of these, 429 and reeds also called the elephant-grass grow up to a height of over 5 meter during rainy season.

57

63

Manas provides habitat for 22 of India's most threatened species of mammals. In total, there e nearly 60 mammal species, 42 reptile species, 17 species of amphibians and more than 475 secies of birds of which 26species are globally threatened.

Important wild fauna include Tiger (Panther tigns tigns), Leopard (Panthera pardus), Clouded opard (Neofelis), Leopard Cate (Prionailurus bengalensis), Fishing Cat (Prionailurs viverina).

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CONTENTS

A Study of Boys & Girls in Relation to Their Creativity Dr. Tej Pratap Singh

मानक के प्रति अभिरुधि का तुलनात्मक अध्ययन **मुरादाबाद जनपद के रनातक रतर के** छात्र-छात्रओं की, जनसंख्या-शिक्षा एवं संख् परिवार

डॉ. रविन्न कुमार त्यागी

Boska Nagaraju Issues and Challenges on National Rural Health Mission

शब्दार्थ सम्बन्ध स्वरूप एक वैद्याकरण दृष्टि

डॉ. महाबीर प्रसाद सारस्वत

डॉ. राजेन्द्र कुमार भारत में लोकपाल की स्थापना एवं कार्यप्रगति एक समालोचनात्मक अध्ययन

विशाल मीर्थ और डॉ. अनुराग यादव अध्ययनरत् विद्यार्थियों के व्यक्तिगत मूल्यों का तुलनात्मक अध्ययन उधम सिंह नगर के हिंदी एवं अंग्रेजी माध्यम के उच्चतर माध्यमिक विद्यालयां

Dr. Gopesh Ch. Das Conservation of Flora and Fauna in Manas National Park for Toursm

3

29

Historical Background of Sri Shipli Siddalinga Swamy and

Raja Ravi Varma

C.S. Anupama and Prabhu K

झारखंड में जनजातीय विद्रोह और आंदोलन : एक अध्ययन

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20

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CONTENTS

/	A Study of Problems of Bamboo Based Small Scale Industries in Barpeta District of Assam Dr. Gopesh Chandra Das	1
	Impact of GST on Changes in the Profitability of the Infrastructure Industry in India Trilochan Kumar	4
	Bodo Community of Assam: Articulating the Issues of Identity Crisis Hiren Baro	9
	Dr. B. R. Ambedkar and Nationalism with Reference with Current Scenario-Critical Analysis Ghalib Nashter	13
	Relationship Between Self-Confidence and Sports Achievement Among Undergraduate Female Students Renu Tomar	19
	प्रेमचन्द कृत निर्मला तथा सेवासदन उपन्यास : एक अवलोकन नीतीश मेहता	24
	Blended Learning: Balancing the Benefits of Technology with the Importance of Face-to-Face Interactions in Education <i>Ms. Reshu Sharma</i>	28
	बिहार के समाज में दिलत उत्पीड़न समाप्त करने के लिए राजनीतिक दलों का योगदान संतोष कुमार भारती	33
	वैदिकाधर्मानुगामी <i>डॉ. रतिराम मीना</i>	37
	हिंदी कवियों पर राजकमल का प्रभाव <i>डॉ. पूनम कुमारी</i>	46
	Stereoisomers Dr. Shachi Sharma	58
	Environmental Degradation : Causes and Consequences Dr. Shiv Kumar Singh	64
	Percy Bysshe Shelley- A Radical Life Anjana Vashishtha Rawat	69
	Guidelines for Contributors	71

A Study of Problems of Bamboo Based Small Scale Industries in Barpeta District of Assam

Dr. Gopesh Chandra Das*

INTRODUCTION

Bamboo based industries are one of the best performing small scale industries and plays vital role in generating employment and reducing poverty. It has essential role in rural areas and rural people. There are a wide variety of product and these are intended for agricultural use, bamboo resources encourage their sustainable management and benefits the bamboo cultivators. The production of bamboo based product is a traditional technology that has been practiced for more than a thousand years and is widely distributed. It is called green gold and bamboo is a great of the earth's health and wealth. It is a critical element in maintaining the balance of oxygen and carbon dioxide in the atmosphere. It is estimated that about 2.5 billion people use bamboo is one form or the other global level. China is the biggest player among bamboo exporting countries. The annual turnover is estimated to be more than USD billion and this is estimated to shoot up to USD 20 billion by the 2015.

According Planning Commission of India estimates (2003) India has highest market potential for bamboo, based products about Rs. 4463 crore every year which could rise to Rs.26000 crore in 2015 and it has 15 to 20 percent growth potential every year. But present size of population is only Rs.2040 crores.

A BRIEF INTRODUCTION OF BARPETA DISTRICT ASSAM (STUDY AREA OF THE TOPIC)

Assam is situated in Himalayan foothills with 78438 Sq. KMs areas which is 2.39% of total land of the country. It is located in between latitude 24* 10* N to 27* 58* N and longitute 89E 297 26 E. Climate is humid tropical dominated by north and east monsoon.

Barpeta district is one of the rural based district in Assam It has comprises un area of 2679 Sq KM (as per census 2011) Total population of Barpeta district is 16,39,190 as per latest provision figure. Barpeta district is having average literary rate of 65.03%. The total agricultural area of Barpeta district in 3300 Sq. Km. Total gross cropped areas is 323727 hector und total net croped area is 176900 hector.

OBJECTIVES OF THE STUDY

Following are the objectives of the present study-

- (i) An attempt to highlight the various product made by bamboo.
- (ii) To study the various problems faced by bamboo based small scale industry

METHODOLOGY

The present study has been carried out through the selection of a suitable research method called the "Descriptive Survey" methods of research. The present study based on primary and secondary

^{*}Assistant Professor, Economics Department Salbari College, Salbari.

ISSN: 2321-8806 Vol-VII. No-1

Malakovi Mal

CONTENTS

English Section

	10fm	Page No
1	Synthesis and Characterization of Pyridinium Based Acidic Ionic Liquids thuper Das	1.5
	studies on Taxonomy and Foliar Morphology of Mucuna pruriens (L.) DC. in	
	A Jamani Choudhury, Kakali Barman, Dulumani Kalita and Rubul Buragohain	6-17
	cet of Psidium guajava L. Leaf Aquous Extract on Some Haematological and chemical Parameters in Cavia porcellus	18-23
	poplankton Diversity and Physico-Chemical Quality of Water in Duck-Fish	
	Production System, Mandakata, Kamrup, Assam angshu Kr. Kalita	24-28
	aditional Fishing Gears Used by the People of Barpeta District of Assam,	
	North East India Imangshu Baruah	29-34
b.	Ethnobotanical Studies on Some Medicinal Plants Used by the Bodo Tribes of	
	Phulmani Khataniar	35-44
7.	Diversity and Taxonomy of Bamboo and Its-Socioeconomic Importance in	
	Bajali District, Assam, India Dulumani Kalita, Sikhamani Choudhury, Kakali Barman, Ronia Khatun and Rubul Buragohain	45-55
8.	Use of Supernatural in Shakespearean Tragedies : A Study with Special Reference to Hamlet and Macbeth Tridib Ranjan Thakuria	54 50
0		56-59
7.	Gender and Food Consumption: A Study Among the Ragpickers of Dibrugarh City of Assam	
	Mamata Pandit	60-68
10	The Elements of Moral Decadence in Vijay Tendulkar's Play The Vultures (Gidhade) Nava Khataniar	
11		69-71
	Involvement of Women in Grassroot Democracy with Special Reference to Panchayati Raj System of Bajali Sub-Division (Barpeta District): An Analytical Study Hemen Talukdar	72-80
12.	Inside the Haveli- A Journey from Tradition to Modernity	- 2 00
	ranjan Sarma	81-83
13.	COVID-19 Pandemic and Mental Health of People Sahnaz Sultana	
		84-86

Use of Supernatural in Shakespearean Tragedies: A Study with Sp Reference to Hamlet and Macbeth

Indib Kanjan Thakuna

Deprovement of English Sulbari College Salbari Baksa BTR 4ssam

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ABSTRACT

The paper analyses the peculiar concept of the supernatural, its nature and function in the Shakespearean tragedies. Tragedy displays human sufferings which occurs death event at the end arousing pity and fear with an emotive effect with an inner . effect of purgation of mind. Shakespeare, the greatest dramatist of the † iceshenawrote tragedies from the beginning of his career. However his admired tragediewere written during 1601 to 1608 which includes four major ones like Hamler, Othele King Lear and Macheth. His use of supernatural element in these plays reveals the Elizabethans passion for mythical belief and his attitude towards these heliefs a different point of his career as a playwright.

INTRODUCTION:

The word Tragedy is derived from a Greek word "Tragos' which means 'He Goat'. So literary, Tragedy means a chorus presenting the Goats to the allure of Gods. According to the great Greek Philosopher Aristotle, Tragedy is the representation or imitation of an action of a certain length which is serious and complete in it. In his Poetics, Aristotle has defined Tragedy as "The imitation of an action that is serious and also having magnitude, complete in itself, in language, with pleasurable accessories, each kind brought in separa'ely in parts of the work, in a dramatic nor in parrative form, with incidents arousing pity and fear, where with to accomplish its catharsis of such action."

However, Aristotle's theory of Tragedy is not the final one and there has been a great deal of controversy regarding the theory and exact meaning of tragedy. Although tragedy is best known for having a sad ending with sufferings as its primary characte or characters, the sad ending of play may not be calle: a tragedy. There are some plays with sad ending but cannot be termed as tragedy and there are some piawithout a sad ending but they may be termed as a tragedy. Therefore, to determine the tragic qualities of a play we need to analyze the characteristic and the origin of tragedy. In short, tragedy displays humasufferings which include death event at the est arousing pity and fear with an emotive effect with # emotive effect of purgation of mind

Shakespeare: the Elizabethan Playwright: William Shakespeare is best known throughout the globe # one of the greatest playwrights ever in out His plant portray human emotions and experiences in the manifold variety, covering a wide run. dramaforms including comedy, tragedy, trahistory. One of Shakespeare's greatest a ability to paint every possible emous auto

^{*(} orresponding author

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CONTENTS

A Literature Review on Machine Learning and Deep Learning for Gene Regulatory Networks of Bioinformatics M. Kasipandi and C. P. Chandran	1
Artificial Intelligence Robots of Al Human Intelligence Dr. Amarjeet Kaur	22
The Medicinal Importance of Nagarmotha Dr. Nasreen Anjum Khan	31
Coping With Stress in Life Dr. Jatinder Kaur Juneja	31
Swift's Misanthropy in <i>Gulliver's Travels</i> and Theme of Political Satire Dr. Wilson Rockey	36
Standard Form Contract with Special Reference to, E-Contracts: An Overview Dr. Absarul Hasan Kidwai	40
Authorship Pattern in the Journal of Occupational Therapy: A Bibliometric Analysis Dr. Senthil Kumar V.	46
Growth of Education in Tamilnadu Since Independence Mr. M. Yuvaraj and Dr. G. Rangaraju	53
Feminine Perspectives in the Novels of Anita Desai and Shashi Deshpande Dr. Ganesh Kumar Srivastav	60
Writ of Habeas Corpus in India Dr. R. K. Pandey	. 65
Higher Education Learners' Approaches Towards Fake Information on Social Media Dr. Garima Singh	72
Environment (Protection) Act, 1986 : A Critical Analysis Dr. Kiran Sharma	80
Review of Irrigation System Performance in Agriculture Sector Dr. Sreeja S. and Smt. Sumi K. S.	85

Socio-Economic Implications of Privatisation of Higher Education in India Dr. Perveen Kumar	9
History of Teacher Education in India Kuldeep Yadav	95
A Study on Gender Bias, Economic Condition and Caste of Female Labourers in Cashew Sector Ms. Dhanya Raveendran and Dr. M. Radha	OC
Suicidal Ideation in Relation to Student Stress Among Adolescents Dr. Susmitha P. S.	07
Child Care Institutes as a Facilitating Agent in Reintegrating Vulnerable Girls Ms. Prerna Singh	115
A Study of Attitude Towards Modernity and Academic Achievement of the Children of Working Women and Non-Working Women Dr. Shalini Tyagi	124
Sexual Perversion in Namita Gokhale's a Himalayan Love oldry Tamkanat Mukhtar	127
The Relevance of Kautilya's Arthasastra in Modern Times Prakash Ranjan Prasad	132
6G Network Technology – Will it End the Smart Phone Era Shiva Prasad N. G.	137
Iconography: Mutual Absorption of Deities in Buddhist and Brahmanical Pantheons in India Huang Lele	141
Challenges and Opportunities in Organized Retail Sector in India Dr. Pravesh Kumar (Pandey)	151
Tribal Women and their Educational Status: A Case Study of Sonowal Kachari Women of Dibrugarh District, Assam Mrs. Malina Boro	154
हाबा : बर' हाबायाव मेथाइ आरो मोसानाय रूपा बसुमतारि	158

Tribal Women and their Educational Status: A Case Study of Sonowal Kachari Women of Dibrugarh District, Assam

Mrs. Malina Boro*

ABSTRACT

Education is the powerful weapon of empowering women and protecting them from the violation of their human rights. It also can transform, and even save the lives of women and their families and communities. It unlocks a women's potential and is accompanied by improvements in health and nutrition. The present paper is trying to find out the educational level and problems facing among the Sonowal Kachari women. The Sonowals are the 3rd largest plain tribal groups of Assam. This paper is based on the data collected through personal interview and schedule method. For the study 385 women from Kadam Kachari and Gagaldubi Goan of Lakhimpu district, Assam has been selected as sample for collecting data.

Keywords: Tribal women, Education, Educational Level, Sonowal Kachari,

INTRODUCTION

Education is necessary for social, political, economical, psychological and legal empowerment of women. It is crucial to empowering women and girls to participate in economic, social and political life of their societies. Education unlocks a woman's potential, and is accompanied by improvement in health, nutrition and well-being of women and their families.

A tribal woman occupies an important place in the socio-economic field of her society but the formal education has very little impact on them. Most tribes live in abject poverty. It is not easy for them to send their girl child to schools. The formal schools do not hold any special interest for them. Severe tribal communities all over India have been facing various problems. Among them, the tribal women are a majority. Especially the tribal women are not kept away from the impact of socio-economic change affecting the society. In this process of change the tribal women is forced to adhere to certain norms which may even take away her freedom. In fact, a large number of tribal women have dropped the education at different stages. But in order to empower them, there is a great need of opportunities so as to enable them to assume leadership qualities for socio-economic transformation. However, in order to develop their level of aspiration, adequate educational opportunities are to be provided so that they get motivated to participate, support and also ultimately learn to initiate their own programmes of development. Education gives them decision making economic status and empowerment.

In India, the total literacy rate is 74.04%. The male literacy rate is 82.14% and the female literacy rate is 65.46%. The literacy rate in Assam is 72.19 %, with the male literacy rate is 77.85% and the female literacy rate is 66.27% (census of India, 2011).

The present study was carried out among the Sonowal Kacharis of Dibrugarh district, Assam to find out the educational level and problems facing among them. The SonowalKacharis the indigenous ethnic

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राव

राव सोलायनायनि जाहोनः मोनसे विजिरनाय

Sumitra Narzary*

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गोसोनि सान्नायखौ गुबुनि सिगाडाव खुगाजों गारां बोनानै फोरमायथिनो हानायानो जाबाय राव। बेनिखायनो रावखौ फोरमायनायिन बिजों होननानैबो बुंनाय जायो। बुहुमिन गासै जिब जुनारफोरानो फोरमायलायनायिन गावबा गाव बिजों दं। नाथाय बिसोरिन गेजेराव सुबुं माहारिनि फोरमायलायनाय बिजोङानो गोजौआव जायगा मोनदों। मानसिया गावसोरिन गेजेराव साननाय, हनाय, गांनाय उखैनाय बायदिफोरखौ राविन गेजेरजों फोरमायथियो। नाथाय जिब जुनारफोरा हाया। जिब जुनारा राव गोयैखायनो मानसिया जेरैबादि गोजोन रायजो खुंनो हादों नाथाय बिसोर हायाखै। बिसोरहा राव गोयैखायनो गाविन गोसोनि साननाय हनायखौ फोरमायलायनो हाया। बे गुनानो सुबुं माहारिखौ जौसिनथार मासियाव दोनदों। बेनिखायनो राव होननानै बुङोब्ला सुबुं माहारिने फोरमायलायनाय बिजोंखौसो थोंजोङै मिथिनाय जायो।

रावनि बुंफुरलु:

राविन सायाव गोबां राव बिगियानगिरिफोरा बायिद बुंफुरलु होदों। बेफोर बुंफुरलुफोराव राविन सोमोन्दै रोखा गियान मोननो हायो।

^{*}Assistant Professor, Salbari College, Salbari,

IMPORTANCE OF LESSON PLANNING FOR SUCCESSFUL TEACHING IN HIGHER **EDUCATION**

Dr. Sankhang Basumatary Asstt. Prof. Deptt. of Economics Salbari College

Abstract:-

To build healthy and hygienic building, well plan architecture is important. Like this, it is well known fact that for interesting and successful teaching-learning process a well planned lesson plan prepared by teacher is very important. Especially the population explosion, knowledge explosion and changing form of science and technology are now bringing challenges before the teacher and the student. So, only well planned lesson that is a plan of action of a teacher will help to face the challenges of a particular classroom that may come ahead of the teacher and will help in attractive learning to a learner. Therefore, in this paper the main objectives that want to execute are to make known about lesson plan and to highlight the importance of lesson plan especially in higher education.

Key words: lesson planning, successful teaching, higher education.

1.1 Introduction:

The higher education or the education in college and universities is very essential for the development of the power of right thinking and the courage of right living among the youths. But, the increasing problems that prevalent in higher education demands to give new vigour in the organization, administration, and the pedagogy of the higher education. Especially in formal teaching -learning process, the teaching of teacher is imperative to make students to involve and learn. In the classroom, the teacher being the important part of formal education should creates the situation of teaching-learning where successful teaching and learning becomes possible. We know teaching is an art as well as a science. So, the teacher being the chief artist should arrange the teaching process in such way to make students involve in the learning. The teacher should plans for the successful teaching in the classroom. The teacher being important part could innovate to think, reason, analyse and comprehend among the students and help to know through self learning. Because, it is stated, teaching is training to think among the students. So, teaching should be so designed in which the student can be actively participated and trained. It is also well known fact that, an ordinary artist deals with inanimate materials and imparts life to it. But a teacher have to deal with live being or human psyche, i.e., the students who are growing, developing, human being with a will of their own. Here, the task of teacher is not to make student blind followers but intelligent leader. Moreover, as an artist teacher has to create learning situation, motivates them to learn, turns into creative being and make them self-reliant and resourceful. Especially in higher education teacher should make students involved in the classroom with planed and arranged activities so that more resourceful, vigour and activity can demand from them. So, the teacher's active involvement, commitment and planned activities are the ways to make them grow with source of knowledge, understanding, evaluation, application, analysis and synthesis in the students and general mass.

Political Parties, Poverty and Vote Bank Politics in India

Dr. Sankhang Basumatary, Asst. Prof. Dept. of Economics, Salbari College

Abstract: Poverty is a major problem in India, affecting over 200 million people. Political parties have long used poverty as a way to mobilize votes and this has led to the development of vote bank politics. Vote bank politics is the practice of targeting specific groups of voters, such as the poor, with promises of benefits in order to win their support. This article examines the relationship between political parties, poverty and vote bank politics in India. It discusses the history of vote bank politics, the different groups that are targeted by vote bank politics and the positive and negative impacts of vote bank politics. It also examines the impact of vote bank politics on work culture and productivity and the broader implications for the development of the country. Through an analysis of data and government schemes, this article provides an in-depth understanding of how these elements interplay in the Indian political landscape.

Keywords: poverty, political parties and vote bank.

Introduction: Poverty has been a persistent issue in India, affecting millions of its citizens. Over the years, successive governments have implemented various poverty alleviation schemes to address this problem. However, the nexus between political parties, poverty, and vote bank politics often hampers genuine development efforts. This article seeks to dissect this complex relationship and its consequences on India's work culture, productivity and overall development.

Poverty is a major challenge facing India. According to the World Bank, 21.9% of Indians lived below the national poverty line in 2021. This means that over 300 million people in India are living in poverty. Political parties in India have long used poverty as a way to mobilize votes. This is known as vote bank politics. Vote bank politics is the practice of targeting specific groups of voters, such as the poor, in order to win elections. There are a number of reasons why political parties in India use vote bank politics. First, the poor are a large and growing voting bloc. Second, the poor are often seen as being more easily influenced by political promises. Third, the poor are often dependent on government assistance, which gives political parties leverage over them.

1. Historical Context: Poverty alleviation schemes in India have a long history, dating back to the postindependence era. Initiatives such as the Green Revolution, rural employment schemes, and the Public Distribution System (PDS) aimed to uplift the poor and marginalized. While some of these schemes have yielded positive results, they have also been marred by political interference and corruption. The groups that are targeted by vote bank politics vary from election to election. However, some of the most common groups include the poor, the lower castes, religious minorities and farmers.

Empowerment of Women Among the Bodo Tribe: A Case Study

Dr. Sankhang Basumatary Asstt. Prof. of Economics Salbari College

Abstract: Women constitute half of the total population in the country. The Bodo women work very hard for the livelihood of the family. Their socio-economic empowerment is very essential. In a country like India where more than 21% of population live under below poverty line, the socio-economic empowerment of women is the way for poverty reduction, economic growth and human development. Women have the potential for development but they are not provided opportunities to exhibit their potential for development.

Key words: Empowerment, Women and development

Introduction

Empowerment of women is a process of uplifting the status of women in the society by enhancing the social, economic, political and educational opportunities of women in the society. That means increasing the access to resources, opportunities and ability to make choices. The women who constitute half of the total population in the country, their issue empowerment has become crucial across the societies of the world. Because in view of gender equality between men and women and accelerated economic development their participation in different levels of work has been perceived important. Women have tremendous potential for development however they do not have adequate opportunities to exhibit their potential and talents. Today the need of exploring their potential at various levels of work with tangible measures is becoming important without confining their abilities within home and the community to accelerate development.

Objectives

The main objectives of the present study are as follows:

- 1. To analyse the importance of socio-economic empowerment of Bodo women.
- 2. To identify the different constraints of the socio-economic empowerment of Bodo women.

Methodology

In the present study both the primary and secondary sources of information have been used. The primary data about education, occupation, levels of earnings and decision making of women has been collected through interview schedule. The primary data has been collected from two Development Block (i.e., Jalah Development Block and Baska Development Block) from Baksa district of Assam. From each block two village have been selected (i.e., Koklabari and Kamardwisa from Jalah Block and Nikashi and belguri from Baska block). Approximately a total number of 180 married Bodo women from 100 sample households are Vol. IX Number-10 ISSN 2319-5282 Jan.-Dec. 2020

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A Study of Inner Observation for Self Knowing and to Develop Skills of Self Management

Mr. Parimal Ch. Das*

INTRODUCTION

Developing self awareness doesn't happen through reading books. It is through specific activities that we increase our power of observation. Below I give a brief outline of the material within each audio coaching session. Each session contains exercises to increase our self awareness, recover your personal power, and provide practices to make changes in the emotional quality of our life.

Gratitude - Power and Emotion Exercise

How much should we trade our eyes for? What are our legs worth? Are we aware of the gifts in our life, or do we overlook and take for granted what we have? When we learn to give our mind a new interpretation we begin to see an entirely different world. With this practice we become aware of our stories, point of view, emotions, and our power to create.

Recovering Personal Will Power

Some call it Personal Power, some call it Will Power. We have an extraordinary amount of it at our disposal. Unfortunately without self awareness we unknowingly expend it on self sabotaging agreements. This exercise brings your awareness to every word that comes out of your mouth and every thought in the mind. If you expand on it you learn to see the agreements others live by as well.

The Attention - Self Awareness begins with the Attention

Mastering where we focus our attention and how we focus it is the key to our freedom. Most people try to make changes in their life by changing stories, beliefs, and emotions. This is like trying to steer your life by the tail. Before we can expect to consciously direct our life, we need to be able to consciously direct our attention.

Finding Neutral - Notice the power of every word you think and speak

The world teaches us that we are more valuable if we have strong opinions. But it doesn't teach us the emotional price that we may have to pay. This is a self awareness exercise you practice when communicating with other people. It can reduce conflict and foster respect in your relationships. You will find a whole new niche in which to practice Impeccability of your Word.

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CONTENTS

Socio-Economic Evaluation of S.H.G's in Kalaburagi District of Karnataka <i>Prof. Annaraya S. Patil</i>	1
Buddhism and Democracy: A Bird Eye View Dr. Hanamantha Dasan	14
Political Empowerment of Dalit Women in Panchayat Raj; A Case Study of Bidar District of Karnataka Dr. Pralhad V. Changte	19
The Role of Caste in Indian Politics: A Bird Eye View Dr. Halimani Devindrappa	24
Awareness of Dalit Womens About Panchayat Raj: A Study of Kalaburagi District of Karnataka Dr. Pralhad V. Changte	28
A Study on Awareness and Satisfaction level Towards Crop Insurance in Gurumitkal Taluka, Dist. Yadgir (Karnataka State) Dr. Dodmani Srinivasrao	34
Problems of the S.H.G Members in Kalaburagi District of Karnataka Dr. D.odmani Srinivasrao	45
Role of NGOs in Social Mobilization in the Context of SGSY Dr. Bharati Hosatti	50
Problems and Prospects of Indian Democracy: An Analysis of Working for Designing Processes of Change Smt. Gousia Begum	55
Socio-Economic Profile of the MGNREGA Beneficiaries (A Special Reference to Indi Taluka Vijaypur District of Karnataka) Dr. Rajashree Maranoor	60
Problems and Prospects of Women Entrepreneurship (With Special Reference to Kalaburagi District – Karnataka) Prof. Manik Rao Kulkarani	67
Real Time Solutions for the Customers Prof. Goudappa Malipatil	82
The state of the s	06

	Vakkom Moulavi Shajeer S.	180
	Implementing Information Communication and Technology in Remedial Teaching Dr. D. Vinodh Kumar	186
	Effect of Using Time Management to Improve Study Skills K. Anuradha	190
	Mystic Movement During THR Lodi Period Saima Haleem	195
	A Study of Inner Observation for Self Knowing and to Develop Skills of Self Management Mr. Parimal Ch. Das	200
	A Study on the Socio-Economic Problems of Rural Maid Servant of Assam: A Case Study in Barpeta District of Assam Ritul Ralukdar	203
/	Some Satras of Bajali and Philosophy of Sankardev Dr. Chakradhar Das	209
	Importance of ICT to Learn Social Science Among Secondary School Students in Baksa District; A Case Study in Jalah Block Mr. Amiya Sarma	211
	Legal Regime for the Protection of Children in J&K, and Ladakh: A Comparative Analysis with Special Reference to Amendment in Article 370 Dr. Monica Narang	214
	Peace Process in Nagaland-The Shillong Accord Pradeep Kumar	223
	Girish Karnad's Tughlaq: An Existential Self and Alienated Outsider Dr. Bhujendra Singh Rathod L. R.	229
	Gender Justice Need for Realistic and Sensitive Judicial Approach Dr. Dharmapurikar Mahesh Laxman Rao	235
	A Comparative Study Between Functional and Structural Approaches of the Higher Secondary School Students at Ahmedabad District	241
	Dr. Manish Chandulal Parekh	

Some Satras of Bajali and Philosophy of Sankardev

Dr. Chakradhar Das*

ABSTRACT

In Sanskrit literature Sattar means a begged house Viksha griha. According to Bhagavata Purana Sattar refers to the yearlong religious discussion of the sages. After coming back from Purana Sakardev has termed Satra Griha as a place where religious discussions are held. Satra according to Bhattadeva is a place where Bhakatas used to perform Bhakti. From the above reading it can be said that Satra is a place where Bhagavata was practiced exercised during the first phase of Vaisnavite movement in Assam.

Keywords: Satras, Bajali, Sankardev

INTRODUCTION

Bajali is a historic word. It is found about Bajali in Kamrup Buranji, a book edited by Surja kumar Bhuyan. In 1983 when Barpeta was announced as District, Bajali became its sub-Division and now it is considered as one of the developed sub-Division of Assam.

The word Satra is used in a large scale the Assamese Vaisnavite society. The word Satra is said to be derived from the Sanskrit word Sattar. In Sanskrit literature Sattar means a begged house Viksha griha. According to Bhagavata Purana Sattar refers to the yearlong religious discussion of the sages. After coming back from his pilgrimage, Sankardev has termed Satra Griha as a place where religious discussions are held. Satra according to Bhattadeva is a place where Bhakatas used to perform Bhakti. From the above reading it can be said that Satra is a place where Bhagavata was practiced exercised during the first phase of Vaisnavite movement in Assam.

PHILOSOPHY OF SANKARDEVA

It is known to all that the primary theme of Bhagavati Vaishinav religious faith of Srimanta Sankardeva is Ek Deva Ek Seva Ek Bine Nahi Keva- meaning there no any power superior to the Almighty and so we should only warship him. There is no place for warship of idol other than one and only God in his religious faith. In Sri Matbhagawata it is said that Murtiko Nachaba Prasado Nakhaiba Bhakti Haibo Byabhichar.

HISTORY OF SATRAS IN BAJALI

Bamakhata Satra

Purnanda Thakur, the grandson of Ramcharan Thakur, the nephew of Mahapurush Madhav dev brought an earthen lamp from Sundardia Satra of Barpeta and establish in Bamakhata Satra. It is a Satra of Nika Sanghati. An idol called Madan-Mohan is found in this Satra. It is a full fledged Satra having Namghar, Mukut, Daul ghar etc.

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Economic Empowerment of Women Among the Bodo Tribe: A case study of Baksa District of Assam

Charan Ch. Basumatary Asstt. Prof. Deptt. of Bodo Salbari College

(Abstract: Women constitute the half of the total population of a country. The twenty first century's policies aim to bring all round development of the society through inclusion and that is to be done through empowerment. Empowerment is a process of increasing the capacity of a person or groups to make choices of their own and to transform those choices into desired actions and outcomes. The women in tribal group, like in Bodo community play pivotal role in various households' economic and non economic activities. Their participation in different kinds of productive work is necessary for the survival of the family and then the survival of the society with dignity. This paper tries to find out the factors influencing socio-economic empowerment women and identify the constraints thereof.)

(Key words: Women, empowerment and household economy)

Introduction:

Empowerment is a process of increasing the capacity of a person or groups to make choices of their own and to transform those choices into desired actions and outcomes. In these connection women who constitute half of the total population in the country, their issue empowerment has become crucial across the societies of the world. Because in view of gender equality between men and women and accelerated economic development their participation in different levels of work has been perceived important. Women have tremendous potential for development however they do not have adequate opportunities to exhibit their potential and talents. Today the need of exploring their potential at various levels of work with tangible measures is becoming important without confining their abilities within home and the community to accelerate development.

Women's empowerment is essential for the development of any society. The Empowerment of women is greatly influenced by many socio-economic factors such as education, employment, health, social and political participation and on abilities to take decisions of their own. The women in tribal group, like in Bodo community play pivotal role in various households' economic and non economic activities. Their participation in different kinds of productive work is necessary for the survival of the family. They work harder, and family economy and management depend on them more in comparisons to the women of other social groups. Traditionally in Bodo society the women do not have the right of controlling economic resources. They are, however, the custodians of the granary, poultry and piggery of the family. During the time of cultivation and in all rituals related to it, they play the main role. The Bodo women are expert weavers. It is observed that the young girls and the married women of the family earn by selling different

cloths woven by them and thus contribute to their family economy. Many of them collect woods from the forest and also produce them for marketing, work as laborers in industries, households and road construction with sincerity and honesty. But although they play the main role yet they are considered as just only housewives, who don't have wages, no proper time table of working and holidays. The woks performed by women bears no value and doest not carry the same prestige as any other type of work done by men.

Literature Review:

Desai (2010), observed that the issue in the development of education, health, economic and political participation is the basic and fundamental to human life that its differential levels result in disparities among people and places. The educated women play a vital role towards socio-economic development of their society. Apparently the sluggish development of education among the scheduled tribe women more particularly among the Bodo women has hampered the empowerment of women among the Bodo tribe. Because the various dimensions of social and economic development can be understood in the light of education.

Pattaraja and Heggade(2012), made a study on the economic empowerment of tribal women. The study found that lack of education, poor health and infant mortality rate, lack of resource control, lack of productive resource ownership and decision making, low level of wage work, lack of self employment opportunity, organizing capacity and leadership quality are the main obstacles to the economic empowerment of tribal women. The study stressed the need of preparing suitable plans and programmes for the economic empowerment of tribal women

Madhushree (2011), observed that tribal women are lagging behind in terms of education than their male counterpart. The study found the need of having special education for the upliftment of female section among the tribal women. This would result in socio-economic development in the society because it would bring consciousness among women in respect of health and family welfare, increase in age at marriage, gender equality and family planning which are crucial for economic empowerment.

Dhanasree K et al (2014), conducted a study in Andhra Pradesh using exploratory research design on the socio-economic empowerment of tribal women. They collected data from 180 farmers and analysed with the help of suitable statistical methods. The study found that women in tribal society contribute to various economic activities. Women's work is regarded as crucial for the survival of tribal households in terms of development of agriculture, provisioning food, income, earning and management of financial resources. But they still remain backward due to traditional values, illiteracy, dominant roles in decision making, social evils and many others factors.

Das Kanti (2012), studied the case for socio-economic empowerment of tribal women in the state of Assam. In his study he identified many social, political, economic, technological, and psychological constraints in the way of tribal women empowerment. He found that the cognitive and infrastructural constraints are major hurdles for the tribal development as well as tribal empowerment. He pointed out that

the main reason for the poor empowerment of tribal women was noted as lack of knowledge about the new technology and information.

Objectives:

The main objectives of the present study are as follows:

- 1. To analyse the factors influencing socio-economic empowerment of Bodo women.
- 2. To identify the different constraints of the socio-economic empowerment of Bodo women.

Methodology:

In the present study both the primary and secondary sources of information has been used. The primary data about education, occupation, levels of earnings and decision making of women has been collected through interview schedule. The primary data has been collected from two Development Block(i.e., Jalah Development Block and Baska Development Block) from Baksa district of Assam. From each block two village have been selected (i.e., Koklabari and Kamardwisa from Jalah Block and Nikashi and belguri from Baska block). Approximately a total number of 180 married Bodo women from 100 sample households are included for the purpose of this study. The secondary information is collected from internet, and various published books and journals. Since the main focus of the present study is to find out factors of women empowerment at home and at the workplace that is why the survey included only the married women of the family since they face more problems than unmarried women. The study covers limited social and economic dimensions of empowerment which include education, occupational pattern, levels of earnings and decision making within and outside household.

Discussion:

Education is one of the most important factors which improves awareness, understanding skill and knowledge towards any activity and plays important role in women empowerment. The table-1, shows the educational attainment of the respondent of the sample households. It is apparent from the table that a majority of respondents i.e., 41.11% of them illiterate, 31.11% were educated only upto primary level, 15.56% were educated upto secondary level,7.22% were under graduate, 3.89% were graduate, and a very small size of respondents that is only 1.11% were post graduate.

Table -1. Educational level of the respondents:

Sl.No	Educational	Frequency	Percentage
	qualification		
1	Illiterate	74	41.11
2	Primary	56	31.11
3	Secondary	28	15.56
4	Under graduate	13	7.22
5	Graduate	7	3.89
6	Post graduate	2	1.11
	Total	180	100

Source: Field Survey

The occupational profile of the respondents of the sample households is also another important indicator of their economic wellbeing and thus their freedom of action and choice. The table-2 shows the occupational profile of the respondents of Bodo women in study region. It is seen in the table that a majority of respondents that is 88.89% depends on agriculture for their livelihood, 7.23% works as daily labourers, 2.77% are doing business and very small size of respondents that is only 1.11% are doing government service. This pathetic occupational profile of the respondents indicate that lack of education and training facilities are standing as great hurdles towards choosing right occupation in their life. Such pattern in work participation don't bring economic improvement in the households.

Table-2. Occupation of the respondents:

Sl. No.	Type of occupation	Frequency	Percentage
1	Agriculture	160	88.89
2	Wage labourer	13	7.23
3	Business	5	2.77
4	Govt. service	2	1.11
5	Total	180	100

Source: Field survey

Table-3. Extent of earning by the respondents:

Sl. No.	Level of Earning	Ferquency	Percentage
1	Below 5000	170	94.45
2	5001-8000	6	3.33
3	8001-11000	2	1.11
4	11001-14000	0	00
5	14001 and above	2	1.11
	Total	180	100

Source: Field Survey

The extent of earning of a person is related with the nature of work she does. The above table shows the extent of earning of the respondents' in Baksa District of Assam. It is noticed from the table that a huge number of respondents i.e., 94.45% are earning monthly income below Rs, 5000,and it is followed by 3.33%who are earning income in the range of 5001-8000,and followed by 1.11% of respondents who are earning income in the range of 8001-11000, and it followed by 0% of respondents who are earning no monthly income in the range of 11001- 14000 and it is only 1.11% of respondents' who are earning monthly income in the range of 14001 and above. This table reveals that more than half of women respondents are earning monthly income which is below Rs, 5000 and it indicates the difficult economic life of women among the Bodo tribe.

The decision making process of the households is also another important indicator of empowerment. It depends on their knowledge and ability. The above table demonstrates the role of respondent's decision making in various activities connected to the households. It is noticed from the table that out of the total respondents negligible number of women that is only 09 (5%) of women take decision of their own and followed by 20 (11.11%) who take role of their own inside the family and remaining 151 respondents play 0% role towards any kind of decisions.

Table-4.Decision making process inside and outside household:

No. of women who take decision	Nature of Decision in Percentage		
of their own	Inside home	Outside home	
09	5%	5%	
20	11.11%	0%	
151	0%	0%	

Total=180

Source: Field Survey

Results/Findings:

The study finds that Bodo women play an important role among the tribe. But their socio-economic development in comparison to other social group is extremely poor. The different kinds of socio-economic problems as perceived by the women among the Bodo tribe are as follows:

- 1. Illiteracy has been standing as one of the major hurdles towards the socio-economic empowerment of women among the Bodo tribe. Due to lack of basic education, training and skill the women among the Bodo community are kept in distant from obtaining gainful employment opportunities. Moreover, the lack of education has put severe restriction in their organising capacity and leadership quality.
- 2. Lack of access and control over productive resources has also limited the socio-economic development of women. The control over productive resources plays important role in the process of decision making. It also makes free from financial constraints thereby enables them to develop socially and economically.
- 3. More than 85% of the Bodo women work as agricultural labourers. They work as men's partner in agricultural sector at home. But their labour is not recognised in terms of money.

- 4. Limited social participation has also hindered the socio-economic empowerment of women among the Bodo tribe. Among the Bodo tribe more than 70% of women think their self that they are born to serve the domestic work and thus spends their time working at home serving various kind domestic unpaid works. Such attitude has hindered their social participation and consequently their gap with the latest information has increased.
- 5. Poor connectivity is also another problems faced by the tribal women. Many of the Bodo dominated villages are in remote areas. Still many villages are not connected with proper road transport system. This raises the problem of transportation for marketing and selling of their products.
- 6. Lack of credit facilities is also another problem in the socio-economic empowerment of women among the Bodo. Still in many of the Bodo dominated areas banking facilities are not provided. Many families are not connected with banks and other financial institutions. This has destroyed the attitude of saving money in the bank as well as restricted them from obtaining financial aid.

Policy implications:

- 1. The government should give more emphasize on the development of education and skill among the women of Bodo tribe. While emphasizing the development of education among the women the government should give more important towards the development science, commerce, ITI, engineering and other technical institutions so that they can acquire sufficient skill and job opportunities globally.
- 2. Agriculture and allied sector should be promoted so that women can get job opportunity in the household.
- 3. Women must have to be provided training to take up various self employment activities. The government officials and the NGOs should take special role in this regard.
- 4. Financial position plays a crucial role in determining the status of any section of society. That's why financial aid at easy terms and condition must be made available so that they can obtain new avenues of employment.
- 5. The 100 days job guarantee in MGNREGA must be assured and it should be free from cheating and discriminations.

Conclusions:

The Bodo women work very hard for the livelihood of the family. Therefore their socio-economic empowerment is very essential. In developing country like India where more that 22% of population live under below poverty line the socio-economic empowerment of women is the way for poverty reduction, economic growth and human development.

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Contents

Editorial

PHILOSOPHICAL VALUES

Karma, Bhakti and Jnana: Hierarchical Concepts with Special Reference to Bhagavadgita English Section Girish Baruah

Religious Belief and its Contemporary Significance Platonic Assessment of the Rationality of Sijo Sebastian

"Oneness of Humanity" with Reference to Sree Narayana Guru and M.K. Gandhi Happy Khan

The Burden of Thought and God from the Perspective of J. Krishnamurti Jadumoni Dutta

Situating the Assam Movement A study in the Global Context Hitesh Deka 24-32 33-49

> Habitus of power of Assamese language in Constructing women (with the help of Pierre Bourdieu's understanding) Prajna Borah

50-60

Assamese Section

'দাওচিমাং' আৰু 'অপেশ্বৰী আইদেউ' ঃ এটি অধ্যয়ন বজালীৰ লোকগাথাৰ ভেটিত ৰচিত দুখন উপন্যাস নিতুমণি দাস

63-71

সাহিত্যৰ পুনৰনিৰ্মাণ

পুৰাকথাৰে পুনৰনিমিত ইমৰাণ হুচেইনৰ 'বাঁক' গল্পৰ আধাৰত এক বিশ্লেষণ

বুদ্ধেশ্বৰ কোঁচ

72-79

ৰজনীকান্ত বৰদলৈৰ 'মিৰি জীয়ৰী' উপন্যাসত

বহুনামৰ প্ৰয়োগ मीकिंठा (भरी

80-87

Contributors

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Pp. 63-71

MANAVAYATAN

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বজালীৰ লোকগাথাৰ ভেটিত ৰচিত দুখন উপন্যাস দাওচিমাং' আৰু 'অপেশ্বৰী আইদেউ' ঃ এটি অধ্যয়ন

নিতুমণি দাস

সর্বাক্লপ্ত সাৰ ঃ বজালী এক ঐতিহাসিক নাম। কামৰূপৰ বুৰঞ্জীত বজালীৰ নামোদ্ৰেয় পোৱা যায়। বজালীৰ উত্তৰ দিশৰ ভূটান পাহাৰৰ পাদহান্তৰ পৰা নামনিলকে বজালীৰ লোকসাম্ভৰ মাজত বিভিন্ন লোকগাঁথাৰ প্ৰচলন হৈ আছে। মহাভাৰতীয় ফুগৰপৰা ইংৰাজৰ ৰাজ্মলৈকে বজালীৰ ইতিহাসৰ স্মৃতি এই টাইত হাচলিত লোকগাঁখাসমূহে আজিও বহন কৰি আছে। বজালীৰ লোকমনত খোৰাক জগোৱা এই লোকসাহিত্যই বৰ্তমান কালৰ আধুনিক সাহিত্যৰ কাহিনী বা পটভূমিৰূপে স্থান পোৱা দেখা যায়। কাহিনীত যিবাৰ ঘটনা বা কথাৰ সাহাল্যৰ মটোৱা হয়, সেই ঘটনাসমূহৰ বৰ্ণিত পৰিবেশৰ লগত নিবিড় সম্পৰ্ক থাকে। সমান্তেৰ ঘটোৱা হয়, সেই ঘটনাসমূহৰ বৰ্ণিত পৰিবেশৰ লগত নিবিড় সম্পৰ্ক থাকে। সমান্তেৰ ঘটোৱা এই পৰিৱেশৰ পৰা ঘটনাটো অতিৰাই আনিলে ঘটনাৰ তাৎপৰ্য হেৰুৱাই যায়। কোলগাঁখাই স্থান লাভ কৰা দুখন উদ্ৰোক্তীয় উপন্যাস হ'ল— ৰাজেন দাস ৰচিত 'সাওচ্ছিম আৰু ভূলোক লুকাৰ লাভ কৰা দুখন উদ্ৰোক্তীয় আইদেউ'। দুয়োখন উপন্যাসৰ কাহিনী-গটভূমি আৰু ভূলোক সমল পোৱা যায়। ইতিহাস হ'ল অতীত ঘটনাৰ বিবৰণ। গতিকে এই কেণিয়াবা ইতিহাসৰ সমল পোৱা যায়। ইতিহাস হ'ল অতীত ঘটনাৰ বিবৰণ। গতিকে এই কোলোচনাৰ জৰিয়তে জনাক্রিকী গাঁড, ঐতিহাসিকতা, দনুৱা মোহ। বাছায়। স্থাভ্ৰাতীয় কাহিনী গাঁড, ঐতিহাসিকতা, দনুৱা মোহ।

বঞ্জালী। এক ঐতিহাসিক নাম। বঞ্জালীয়া কোঁবৰে খাইছিল মানে পৰগাণে বন্ধালী

2

MANAVAYATAN

হল' বুলি 'কামৰূপ বুৰঞ্জী'ত পোৱা যায়।' মোগলৰ আলমত অৰ্থাৎ ১৬১৫ খ্ৰীঃত ছুল' বুলি 'কামৰূপ বুৰঞ্জী'ত পোৱা যায়।' মোগলৰ আলমত অৰ্থাৎ ১৬১৫ খ্ৰীঃত ছুৱাহিম কোডৰিয়ে কোচ ৰাজ্য জয় কৰি বিজিত কামৰূপক বিয়াদ্বিশটা মহল আৰহকোণটা, জিলাৰ মৰ্বাদ পাৰ । বি,টি,এ,ডি (বৰ্তমান বি,টি, আৰ) গঠন হোৱাৰ আগতে বজালীৰ উত্তৰ দিশৰ সীমা ভূটানলৈকে আছিল। এই ভূটান পাহাৰৰ পাদখান্তৰ পৰা নামনিলৈকে বজালীৰ লোকসমাজৰ মাজত বিভিন্ন লোকসাথাৰ প্ৰচলন হৈ আহিছে। মহাভাৰতীয় যুগৰ পৰা ইৰোজৰ সময়লৈকে বজালীৰ ইতিহাসৰ স্থাও এই ঠাইত প্ৰচলিত লোকগাথা অৰ্থাৎ জনপ্ৰনিত্তসমূহে আজিত বহন কৰি আছে। বজালীৰ শ্ৰীপ্ৰবিহৰেশ্বৰ দেৱালয়ৰ সৈতে জড়িত দেবদানী উৰ্বাদ কাহিনী, ভোগেশ্বৰ গোঁসাইৰ লগত বিজড়িত আকাশীগঙ্গা নমাই অনা ৰজা ভগীৰৰ আৰহ পুত্ৰহাৰা বিধবাৰ কাহিনী, বজালীৰ প্ৰধান নদী পছ্মাৰা অৰ্থাৎ পো-মাৰাৰ কাহিনী, ফিছ্বা ৰজাৰ কিংবদন্তি, অপেশ্বৰী আইদেউৰ কাহিনী, বীৰাঙ্গনা মহিতাৰাৰ জনপ্ৰভতি আদি বছ জনপ্ৰভিয়ে বজালীৰ লোকমনত খোৰাক যোগাই আছে।

অসমৰ বিভিন্ন লোকগাথাৰ আলমত অসমীয়া ভাষাত ভালেখিনি সাহিত্য ৰচিত হৈছে। আধুনিক সাহিত্য সৃষ্টিত বজালী অঞ্চলত প্ৰচলিত লোকগাথাসমূহেও কিছু অৰিহণা বোগাইছে। লোকগাথাৰ ভেটিত সৃষ্ট তেনে কেইখনমূন সাহিত্য হ'ল 'ৰাজকন্যা তুমি অনন্যা', 'অন্তমান্ত তোমাৰ নাম', 'সাঁচিপাতৰ সাধু' (এই তিনিখন গল পুথি); 'দাওচিমাং', 'অপেশ্বৰী আইদেউ', 'মুখ্য মঞ্জুৰী' (এই তিনিখন গল পুথি) ; 'দাওচিমাং', 'অপেশ্বৰী আইদেউ', 'মুখ্য মঞ্জুৰী' (এই তিনিখন ভালাদি।

এই আলোচনাটিত উক্ত গ্ৰন্থসমূহৰ ভিতৰৰ পৰা দাওচিমাং <mark>আৰু অপেশ্বৰী আইনেউ</mark> এই উপন্যাস দুখনৰ বিষয়বস্তুহে লোৱা হৈছে।

डिशन्तामब विषयवञ्ज :

দাওচিমাং হ'ল বজালী অঞ্চলত প্রচলিত জনশ্রুতিৰ ভেঁটিত ৰচিত এখন উপন্যাস। উপন্যাসখনৰ ৰচক বাজেন দাস। উপন্যাসখন গুৱাহাটী পাণবজাৰৰ আখৰ' প্রকাশনে প্রকাশ কৰি উলিয়াইছে।

'দাও চিমাং' উপন্যাসিক ৰাজেন দাসৰ গবেষণালন্ধ জ্ঞানত কল্পনাৰ বহুণ চবোৱা এক নিভান্ধ প্ৰেমনাৰ বহুণ চবোৱা এক ন ৰূপেৰে সজাই পৰাই আগবঢ়াইছে 'দাও চিমাং ড। বৰ্ডমানৰ বজালীৰ প্ৰাণ্ডকন্দ্ৰ পাঠশালাৰ পৰা ৯-১০ কিঃমিঃ উত্তৰে অবস্থিত গড়গাঁও ; এসময়ৰ ফিঙ্বা ৰজাৰ ৰাজ্যৰ বাজধানী। তাৰেই পশ্চিম প্ৰান্তৰত পহমাৰাৰ দাঁতিকামৰত অবস্থিত বৰ্ডমানৰ মহাৰাণী গাঁও। কিংবদন্তি মতে অতীতৰ ফিঙ্বা ৰজাই পত্নী মহাৰাণীৰ স্মৃতি ৰক্ষাৰে এখন নগৰ নিৰ্মাণ কমিনিৰ আৰু সহাৰাণী নামৰ এখন গাঁও। এই মহাৰাণী নগৰ কেন্দ্ৰ কৰি উপন্যাসৰ কাহিনীমতে ফিঙ্ক্ৰ

MGNREGA A WAY TO ALLEVIATE POVERTY: A STUDY

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(Abstract: Poverty alleviation has been the goal of the country's development strategy since the beginning of plan era. Instead of relying on economic growth to uplift poverty efforts were made to directly attack on the problems of poverty by endowing them with productive assets and by developing skills through training to enable them to earn income. Several policies were adopted to create additional employment opportunities to the poor to make them earn for living and for this a number of poverty alleviation programmes were introduced under different plans. This paper aims at to make a review on the working and functioning on NREGS in Assam.)

(Key words: Poverty, employment, income and NREGA)

Introduction:

Poverty in India is a multidimensional phenomenon. It is a complex socio-economic phenomenon where by the resources available to society are used to satisfy the wants of the few while many do not have even their basic needs to meet. The concept of poverty varies from country to country because people's ability to afford a level of living is quite different from one another more specifically in between the developed and developing countries. According to Prof. Amartya Sen, poverty is a complex, multifaceted world that requires a clear analysis in all of its many dimensions. He says, 'You can not draw a poverty line and then apply it across the board to everyone the same way, without taking into account personal characteristics and the circumstances.' This implies that the concept of poverty have different connotations in different countries and in different society in which an individual lives.

Townsend, says that, 'Poverty must be regarded as a general form of relative deprivation which is the effect of maldistribution of resources and that section of the population whose resources are so depressing from the mean as to be deprived of enjoying the benefits and participating in the activities which are customary in that society can be said to be in poverty.' There is an effort in this definition of poverty to estimate the average level of living in a society and as such this definition reflect the existence of inequalities in a society and the extent to which different societies are prepared to tolerate them.

According to Martin Rein(1970), poverty can be defined as 'subsistence, inequality and externality.' Subsistence is concerned with the minimum provision needed to maintain health and working capacity. Inequality is concerned with the relative position of the income groups to each other. Externality is concerned with the social consequences of poverty for the rest of the society rather than in terms of the needs of the poor.

The studies on poverty trends indicate two related phenomena – an intensification of inequality between the higher income group and poverty group as well as increase in the overall incidence of poverty. So in this sense poverty can be as relative and absolute. The absolute poverty refers to that level of income which is inadequate to achieve even the minimum necessities of life. On the other hand poor in the relative sense have been defined as those who are worse-off than other members of the community in which they live. Therefore poverty either absolute or relative is a feeling of deprivation.

Since independence many plans and programmes of the country aimed at poverty eradication by various means. Combating poverty being the primary goal of fifth five year plan was planned through provision of employment opportunities, gearing of pattern of investment and composition of output to the consumption pattern of the poor, ensuring availability of basic consumption at stable prices and provision of social needs like education and health.

Similarly the sixth five year plan aimed at alleviating poverty and this remained at as an integral part of seventh and eight five year plans. Programmes such as Trageted Public Distribution System, Training of rural youth for Self employment, Development of women and Children of Rural areas, Supply of Improved Toolkits to Rural Artisans, Swarna Jayanti Gram Swarozgar Yojana and Community development programme were formulated and implemented since then. Incidentally, most of these programme target rural Indians because rural poverty is to be addressed more cautiously then that prevails in urban areas. The reason that could be understood fro this is that agriculture being most widely prevalent occupation, the downward graph of profit in agriculture and its wages leave quite a large number of rural poor in poverty as a result migration from rural to urban areas increases resulting in the shift of poverty as well.

In India in order to achieve a minimum standard of living for all within a reasonable period different policies to eradicate poverty has been launced under different five year plans. Inspite of struggling hard with policies for these many years, increasing globalization, rising income gaps, public sector reforms leave policy makers of today in a position to amalgamate existing policies, to refine and implement according to current scenario. This eventually brings about a change in policy formulation of the government. In a developing economy where high percentage of population live under below poverty line in such a country providing gainful employment opportunities is a prerequisite for the fulfillment of other basic rights. The nexus between employment and poverty, give a positive results in the form of higher income among poor, which would enable them to spend more on health, education and skill development of themselves and the family and consequently to greater economic growth. And one such programe aiming at providing employment to rural household is Mahatma Gandhi National Rural Employment Guarantee Act which came into act in 2005 and being implemented Since 2006.

Rationale of the Study:

Although a number of development programme have been implemented in India in the past none of them outmatch the commitment made by the government with the MGNREGA as a piece of legislation. The passing of the MGNREGA serves as a benchmark in the fight against poverty, not only in India but also in a global scale. The MGNREGA is revolutionary because it is the first right based rural development policy ever in history (Hirway, 2005). The aim of the MGNREGA is to: "foster conditions for inclusive growth ranging from basic wage security and recharging rural economy to a transformative empowerment process of democracy' (GOI- MORD, 2008:2). With this, the MGNREGA has four main goals: (1) to reduce poverty, (2) to encourage sustainable development in the agricultural economy, (3) to promote empowerment and (4) to promote grassroots democracy. The main purpose of the act is to eradicate rural poverty by providing a minimum income through employment for the poor. Moreover the act function as a social safety net during the agricultural lean season when other sources of employment are limited as well as by reinforcing durable assets.

Objectives:

The main focus of the present study is to examine the performance of NREGS in Assam. Therefore, the study is based on the following objectives: 1. To review the working and functioning on NREGS in Assam.

2. To examine the performance of NREGS in Assam and to identify the obstacles in the path of the implementation of the scheme. 3. To suggest suitable measures for the effective implementation of the scheme.

Methodology:

This study uses mainly secondary data. The sources of the data are published and unpublished sources like books, journals, reports, publications, unpublished doctoral dissertation and concerned web sites etc. For assessing the performance of NREGS in Assam, data relating NREGS are compiled from the secondary sources and the study covers 2007-08 to 2011-12. Using official data this paper evaluates India's NREGS according to criteria: a) average number of days of employment per household; b) percentage of households completing 100 days of employment under NREGS; c) percentage of expenditure against total available funds etc.

MGNREGA:

In an attempt to combat rural poverty, the Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA) was initiated in 2006. The act guarantees annual employment for 100 days to a rural households whose adult members are willing to do unskilled manual work at a statutory minimum wage. The scheme is demand-driven, which makes the government legally bound to provide employment for all the people demanding it. If employment is not provided, the government is entitled to offer the workers unemployment allowances. The aim of MGNREGA is to alleviate poverty by providing employment and then income to the poor. The Act is to enhance livelihood security of households in rural areas by providing at least 100 days of guaranteed employment at a statutory minimum wage in a financial year. The

Act states nine types of works as permissible, whereby seven involve water and soil conservation. They are listed according to priority to enhance the creation of productive assets to strengthen the rural poor's ability to improve their own livelihoods and surrounding environment:

- (i) "water conservation and water harvesting
- (ii) drought proofing (includes afforestation and tree plantation)
- (iii) irrigation canals (includes micro and minor irrigation works)
- (iv) providing irrigation facilities, plantation, horticulture, land development on land owned by SC/ST households, to beneficiaries of land reforms, or to beneficiaries of the Indira Awas Yojana/ BPL families11
- (v) renovation of traditional water bodies (includes de-silting of tanks)
- (vi) land development
- (vii) flood-control and protection works, including drainage in waterlogged areas
- (viii) rural connectivity to provide all-weather access that encompass the construction of roads (culverts and drainage), but not roads included in the PMGSY12 or cement roads. Preference should be given to SC/ST areas
- (ix) any other work assigned by the Central Government in accordance with the State Government" (GOI-Legislative Dept., 2005a:13 and GOI-MORD, 2008:27).

Findings of the implementation of MGNREGA in Assam:

The MGNREGA is slowly changing the lives of the rural poor for the better. The Act has enabled the rural poor to generate productive assets. The large sections of marginalized social groups such as the SC and ST people have participated in the scheme, the migration from rural to urban areas has decreased. Furthermore, beneficiaries of the MGNREGA have expressed that their participation have enabled them to escape hunger, to improve their selection of food ingredients, making it easier to repay debt, enhanced their capacity to seek healthcare, increasing their affordability to pay for school books and uniforms to their children and also to invest in different agricultural outputs. Moreover for the women, and especially for widows and single women, engagement in the MGNREGA has meant increased independence from male family members as they have been able to earn money for themselves.

Table-1 Physical Achievement of MGNREGA in Assam, 2007-08 to 2011-12

Year	Employment Generated (Lakh Mandays)						
	SC	%	ST	%	Others	%	Total
2007-08	40.69	8.13	191.37	38.26	268.19	53.61	500.25
2008-09	78.08	10.42	258.32	34.50	412.40	55.08	748.80
2009-10	89.03	12.11	227.36	30.92	418.78	56.97	735.17
2010-11	19.78	5.53	69.94	19.51	268.58	74.96	358.30
2011-12	31.72	8.99	63.28	17.91	258.30	73.11	353.3
Total	259.3	9.62	810.27	30.06	1626.25	60.32	2695.82

Sources: Statistical Hand Book of Assam, 2007, 2008, 2009, 2010, 2011.

The Table -1 presents the achievements of NREGS in Assam during 2007-08 to 2011-12. It is apparent from the Table 4 that during reference period, the NREGS was able to generate 2695.82 lakh mandays of employment of which 24.91% to women. The employment generated to SC and ST was 9.62% and 30.06% respectively while 60.32% of the total employment belonged to the other communities. Thus, the lion's share of the employment was occupied by the other communities including OBC and MOBC etc.

Table-2 Financial performance under NREGA In Assam, 2007-08 to 2011-12

Year	Total Available Fund	Total Expenditure	%
	(Rs. in Lakh)	(Rs. in Lakh)	
2007-08	80609.74	54914.93	68.12
2008-09	132229.22	95380.77	72.13
2009-10	131203.57	97155.57	74.05
2010-11	40888.47	67662.34	165.48
2011-12	83061.96	68661.11	82.66
Total	467992.96	383774.72	82.00

Source: Statistical Hand Book of Assam, 2007, 2008, 2009, 2010, 2011.

The financial performances of NREGA in Assam during 2007-08 to 2011-12 are shown in the Table 2. It is evident from the table that during 2007-08 to 2011-12, the total expenditure incurred under NREGS in Assam was 383774.72 lakh as against 467992.96 lakh available funds. The percentage of expenditure was 82% during the study period. It is pertinent to note that during 2010-11, the expenditure was much higher (165.48%) than the total fund released under the Scheme while the percentage of expenditure is too low in 2007-08.

Table-3, 100 Days of Employment provided in Assam, 2007-08 to 2011-12.

Year	Total No. of	No. of	% of	No. of	% of
	Job Cards	Households	Household	Households	Household
	Issued	Provided	Provided	Provided 100	Provided 100
		Employment	Emloyment	Days	Days
				Employment	Employment
2007-08	1599659	1301078	81.33	239543	14.97
2008-09	2969266	1873629	63.1	176757	5.95
2009-10	3611714	2137270	59.17	130457	3.61
2010-11	3769550	1432424	38.00	22497	0.60
2011-12	3913176	1347201	34.43	17050	0.44
Total	15863365	8091602	51.00	586304	3.70

Source: Statistical Hand Book of Assam, 2007, 2008, 2009, 2010, 2011.

Table 3 provides the data on 100 days of employment provided under NREGS in Assam during 2007-08 to 2011-12. It reveals that during the reference period 80.92 lakhs rural households provided employment under NREGS. Out of these, only 5.86 lakhs households (7.25%) provided 100 days employment opportunities under the scheme. It is further observed from the table that only 3.7% of job card holders were accommodated 100 days guaranteed employment during the study period. This scene is very acute in last two year i.e. in 2010-11 (0.6%) and 2011-12 (0.44%).

Challenges of MGNREGA:

However, the implementation of the MGNREGA has encountered a number of challenges such as; delays of payment, low wages, limited funding and qualified staff and lack of worksite facilities, providing employment, lack of awareness about the Act among the rural poor and heavy corruption. Even though the MGNREGA is a right-based Act, ignorance about the various rights within the law deprives possible beneficiaries to gain from the Act. Few applicants have been provided work for the guaranteed 100 days. Corrupt practices have constituted one of the main criticisms towards the credibility of the Act. Fudging of master rolls has proved to constitute one such problem. Fake names have been listed as attending the works, whereby wages are paid and end up falling in wrong hands. To check corruption the Central government has promoted payment of wages through Banks or Post Offices.

However, this has not freed the problem as villagers have little knowledge on how banks operate. In addition to all these challenges sometimes the works completed under MGNREGA has been criticized for being poor quality.

Conclusion and recommendations:

The MGNREGA, act for the enhancement of livelihood security of the household in rural areas who earn their livelihood as wage earners. The rate of unemployment both men and women goes down substantially. It reduces the gender difference in wages and in different works. It also gears up the social relationship among the rural people which is a pre requisite condition to build a strong society or a nation. The right to participate in works for women was made compulsion as per the Act of MGNREGA that there must be at least 33% participation for women. Some suggestions are incorporated here on the basis of literature

- i) Present target of 100 days employment per house hold should be ensuring strictly.
- ii) Wage rate should be adjusted with the ongoing price hike.
- iii) Payment of wages should be made in time as stipulated in the Act.
- iv) Any kind of political intervention should be stopped.
- v) Banking facilities must be extended.
- vi) Awareness campaign must have to be done time to time.
- vii) Access to Information at every stage of implementation is quite necessary.

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Vol. 1X Number-15

180|1 1319 5282 Jan Den. 2020

CONTENTS

Privatization of Higher Education in India: Need & Scope Dr. Shalini Tyagi	1
Interrogating Women's Religious Authority and Autonomy: The Maibi Culture of Manipur Otojit Kshetrimayum	4
Thermal Stabilized LPG Sensing Property of Polypyrrole Nanocomposites Ameena Parveen	12
Application of ICT Initiatives During COVID-19 Pandemic Suneetha	18
The Iconography of Bhakti Saints Karaikkal Ammaiyar Huang Lele	23
Traditional Food Habits of the Bodos Mrs. Sumitra Narzary	29
Manas National Park and Tourism, Interpretation and Conservation Education Mr. Hiren Baro	31
A Study of the Attitude of Teachers Towards Teacher Involution in College Administration Dr. R. P. Mishra and Arvind Singh	34
Effect of Yogic Practices and Aerobic Exercises on Vo ₂ Max and Breathe Holding Time Among College Men <i>Dr. C. Saravana Gandhi</i>	39
Feminist Strategy in the International Discursive Field Need for Unifying Penal Strategy Against Crimes Against Women Dr. Ritu Ghosh	48
Historically Indian Ocean Connectivity and Linkages Connect India's Relations with Horn of African Nations Lokesh Kumar	54
Vocationlization of Home Science Dr. Geetika Singh	59

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Traditional Food Habits of the Bodos

Mrs. Sumitra Narzary*

ABSTRACT

Linguistically the Boros include a large group of people who are the speakers of the Tibeto-Surman speeches of the North and East Bengal, Assam and Burma. They are the Bodos or Boros of the Brahma putra valley, Meches of lower Assam and west Bengal, Rabhas, Garos, Dimasas and Kacharis of Cachar District, Tipras, Lalungs, Sonowals, Hajongs etc. Hence, by the term Bodo in general, which is a generic name of the people it means all the Tibeto-Burman Bodo) speaking group of the Sino-Tibeto origin.

Keywords: Bodo, Foods & habits

TRODUCTION

The Bodos or the boros are a race of the Mongolian people who are described as the inhabitants a country lying to the North of the Himalayans as and in the western belt of china. This country is sown as Bod. The inhabitants of Bod country are known as the Bodo phicha or Bodocha or Borosa. Sod means land or country and phisha or cha means son or children hence, the children of the bod country). In course of time they come to be known as simply Boddo Bodo-Boro.

EXPLANATION

Rice is the staple food for Bodo peoples. But this is supplemented by a plentiful supply of egetables. Sometimes, procured from the neighbouring forest and it is seldom that they do not manage to proscure some kinds of animals food, fresh or fish, of which latter they are very fond. men untainted by Hinduism, they were at liberty to eat almost every kind of glish (eg: Pork) with be one exception of the domestic cow. The most highly period article of diet is pig and numbers of s animal may be seen in all Boro villagers. The Boros are very fond of meat and fish. They dry the sh of the deer or pork and pressure for a long period and use it as food whey they are busy with er agriculture works. This sort of dried flesh and dried fish are called bedor gonan and nagoram espectively. They also dry small fishes in the sun light or on the fire, apply some quantity of stems arum, the grind them together, store it in a bamboo tube and cover the mouth of the tube with the eaves of the plantain. This is called nafam and it can be presented for two or three years. They are ecustomed of collecting the wild vegetables from the forest, besides they produce at home. The wegetables are of different tastes. Some vegetables are used as medicines also. It is probable at the villagers of the remote places do not use any modern type of medicines as they use the vegetables as medicines while they suffer from any disease and get relieved. Among the wourits wild vegetables, the most common are Sibru(a kind of thorny plants use as vegetables), bushrem(a kind of small creeper of sourtaste), Lapha saikho(a plant of sourtaste), Juglauri (a scented plant), buri thokhon (a small plant), khungkha(a plant of bitter taste), anthai bajab (a small eant with scent). This vegetable is use in the fish curry, especially with the kushia fish and flesh Vol. IX Number-24 ISSN 2319-5282 Jan.-Dec. 2020

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CONTENTS

	Opportunities of Organic Farming Production and its Marketing in India Ramesh P. S. Mahalakshmi and T. Kalidasan	1
	Mechanical Devices to Control Particulate Emission Dr. Qudsla Bano	5
	The Role of Meaning in Life in Psychological Wellbeing: A Review Study Dr. Kiran Sahu	9
/	Barriers to Good Governance in India and How to Overcome them Mantu Baro	13
	Development of Management Education System in India Dr. Ashokreddy B. Patil	17
	Mutual Fund in India: Some Issues Goudappa	22
	Socio-Economic Evaluation of S.H.G'S in Kalaburagi District of Karnataka Mahiboob Pasha	29
	An Overview of Different Banking Systems Dr. Neeraj Goel	35
	The Elementary Forms of the Religious Life Dr. Afroze Eqbal	41
	Comparison of Selected Physical Fitness Components Among Athletes and Non-Athletes Mirza Fahim Beg	46
	लोकतात्रिक व्यवस्था में लोक प्रशासन पर नियन्त्रण के साधन डॉ. बबली रानी	50
	समकालीन नयी कविता में शिल्प-विधान डॉ. सीमा अग्रवाल	59
	आपातकाल : विकासशील लोकतंत्र की चुनीतियों एवं लोक सत्ता की स्यापना के परिप्रेक्ष्य में जे.पी. आन्दोलन की भूमिका, प्रासंगिकता एवं मूल्यांकन डॉ. आशीष कुमार पिश्व	67
	Solar Energy and Environment Dr. Yogember Singh	76
	The Role of Sociology in Social Planning and Policy	81

eriod.

Barriers to Good Governance in India and How to Overcome them

Mantu Baro*

ABSTRACT

The development, peace and happiness of a country depend to a large extent in governance of that country. It characterises a country in which the system of governance manage its procedures and operations for making the people lead a peaceful, orderly, reasonably prosperous and participating life. For a country like India which has population of more than 130 crores in 3 billion) it is a great challenge to establish good governance. In this article we shall attempt to discuss the meaning of good governance, its key elements (features), barriers to good governance and how to overcome them in India's context.

Keyword: Overcome, World Bank, Red Tape, Empire-building, Transparency, Accountability, Lackadaisical, Citizenry.

INTRODUCTION

Good Governance can be very simply defined as governance which is based on certain values or norms and has the quality of being efficient and effective in securing the goals of socio-economic development of the people and their society. In 1982, a World Bank report defined good governance as "The manner in which power is exercised in the management of a County's economic and social resources for development." In this way, Good Governance can be equated with sound development management.

In fact, in 1970s and 1980s of the previous century, it was found that despite, the fact that in several developing countries" governments (even democratic governments) had been governing their respective states, the level of socio -economic development by the use of national resources in these states continued to be unsatisfactory and even quite underdeveloped. In most of these states governance remained bureaucratic governance which was characterised by red tape, corruption and bureaucratic empire building. Governance remained limited to the administration of the policies and laws of the government of the state. Consequently it was realised that "What was needed was Good Governance and not mere governance."

in 1989, the World Bank identified Good Governance in terms of its four key dimensions.

- Public Sector Management.
- (iii) Accountability
- Legal Framework for Development, and
- (w) Information and Transparency.

it was held that "Good Governance involves sound development management."

Thus, in simple words, we can say that Good Governance means the exercise of authority for making the people happy, prosperous, self – sufficient and developed.

Roman Script Movement of Bodos in Assam: Transition of hopes and despair

Dr. Dulen Basumatary Vice-Principal, Salbari College

Abstract:

Language or mother tongue is always a matter of emotion and sentiment of a group. On the other hand, script has to subsume the mother tongue, because they are closely aligned to each other. The Roman Script Movement was not an isolated incident but a comprehensive segment of Bodo's ethnic aspiration. Following the predicament that prevailed during the entire course of twentieth century in the social and political life of Bodos who sought a separate entity, the anti-agitation groups resorted not only to psychological pressure but also open handed means of slapping the aspiration of Bodos. The agitation and anti-agitation tussle turned the hopes of agitators hung in dilemma of future which contributed in creating further social rift among ethnic groups in Assam.

Key Words: Script, language, movement, confrontation, devanagiri, rift.

Introduction:

The Bodos are one of the principal tribes in India. They mainly inhabit in Assam but they also reside in Nepal, Bangladesh, and Northern West Bengal etc. They have a long legacy of struggle for preserving their identity as a separate entity in Assam. Script problem was one of the core issues which triggered bitter incidents and arguments. Although, the climax of the movement was short lived but a staunch movement it was manifestation of hopes and aspiration of Bodos for their self-identity.

Historical Findings:

Script issue was one of the major problems of the Bodos. When the Bodos started to create their literature they found two kinds of scripts were functioning among them. The first one was Roman script and second one being the Assamese-Bengali script.

It dragged the Bodos into a grave problems. Many preferred Roman script and some others still Assamese-Bengali script. The first writing in Bodo by missionary S.Endle came in

43

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Household Consumption Pattern and Poverty: A Study

Sankhang Basumatary, Asstt. Prof. of Economics, Salbari College.

Abstract: Consumption is an integral part of life. Variations in consumption are visible in society. Income is used as proxy means of measuring consumption expenditure on the basis which people are divided as poor and non-poor. Though individuals well being depend on income but there are other socio-economic factors on the basis of which one can determine whether an individual is poor. One such determinant is alcohol consumption. There a is link between alcohol consumption and poverty. The purpose of the present paper is to study the consumption expenditure pattern on alcoholic beverages of the sample households and effects of such consumption within the family and society as a whole.

Key words: Consumption, income, Bodo, alcoholic beverage, poverty.

Introduction:

Consumption is the beginning of all human economic activities. It is the direct and final use of goods and services for the satisfaction of human wants. The consumption of a household constitutes various food and non-food items. The food items are the substances consisting of nourishing and nutritive components such as carbohydrates, fats, proteins, essential minerals and vitamins, which sustains life, generates energy and provides growth, maintains health of the body.

But although consumption sustains individuals life yet some types of consumption like alcohol when exceeds results in problems themselves for individuals and the family members of the household as a whole as well as others members of the society who are very close to them. The consumption of alcoholic beverages is expensive and individual whose consumption of alcohol is excessive suffers from physical and social disabilities. It results in depletion of the individual's financial and human resources. Thus when individuals with limited supplies of resources uses alcohol excessively he and his family may descend from a socially acceptable standard of living which is defined as poverty by the society.

In contemporary world the consumption habits and pattern are determined by a complex set of socioeconomic, cultural, religious, psychological, ethical and environmental factors. The consumption of various food and non food is a maker of social status and hierarchy among peoples. The consumption pattern of households distinctly reveals its socio economic characteristics like financial position, standard of living, poverty level and human development etc.

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APH PUBLISHING CORPORATION

Demonetisation Policy: An Overview Regeenamma Joseph	98
A Regional Dialect of Assamese Language Dr. Harish Das	101
Sexual Frustration and the Concept of Love in the Poetry of Kamala Das: A Brief Study Chandra Prasad Ghimire	104
Trauma of Female Psyche in Bharati Mukherjee's Jasmine Rekha Sarraf	108
समकालीन हिन्दी आलोचना Dr. Sheela.T. Nair	110
आतंकवाद, राष्ट्रीय सुरक्षा और मानवाधिकार <i>डॉ. दिग्विजयनाथ पाण्डेय</i>	114
Harnessing Innovative Teaching Skills for 21st Century Learners Sumita Sikka	122
राष्ट्रवाद और उसके घटकों के उग्र रूप को नजरअंदाज करता भारतीय समाज <i>पूनम वर्मा</i>	128
मो. आरिफ के कहानी संग्रह "फूलों का बड़ा" में समसामयिक समाज का यथार्थ शालु जमोरिया	131
श्रीमद्भगवद्गीता के आधार पर आहार योजना <i>डॉ. राजेन्द्र कुमार</i>	138
प्राथमिक स्तरावर इतिहास अध्यापनासाठी नाविन्यपूर्ण पद्धतीच्या परिणामकारकतेचा अभ्यास श्रीमती लता कारभारी विधाटे	142
Sickness of Small Scale Industries in Bihar : A Study Dr. Arun Kumar Ray	158
Regional Imbalances and Primary Sector in India : Analytic Study Dr. Arun Kumar Ray	163
Emerging Patterns of Socio-Political Changes Among Dalits Dr. Ranjeet Kumar	170
Comparative Literature Dr. Syed Mohd.Abid Rizvi	174
प्राथमिक शिक्षा में गुणात्मक सुधरः नई राष्ट्रीय शिक्षा नीति 2020 के मसौदे के सन्दर्भ मे । <i>डॉ. नाहर सिंह</i>	180

A Regional Dialect of Assamese Language

Dr. Harish Das*

ABSTRACT

Barpetiyā Bhāsā or Desi kathā shows two prominent dialect areas: Eastern and western, and then again geographically each of them shows two sub dialectal groups: East-eastern and West eastern, and East- western and West-Western thus dialect shows four sub dialect groups. But such dialect divisionis not very satisfactory on the linguistic grounds. Rather the Barpetiā colloquial speech actually shows three prominent Dialectal areas i.e., three distinct sub-dialects which are locally called Barpetiā, Barnag and Charuwā by the local people i.e., the speakers of this dialects within the common term Desi kathā Deshi: for the intensive study of the Assamese a detail study of these dialects is most essential. Besides that comparative study of the various tribal languages of Assam are also necessary as there is a great impact of those language on Assamese. Therefore the study of Barpetiā dialect is considered to be very important for a comprehensive knowledge of the Assamese language.

Keywords: Assamese, Barpetiā, Regional, language.

INTRODUCTION

11

Assamese is the easternmost modern Indo Aryan Spoken mainly is the Brahmaputra Valley. At present the language is occupying the place or linguafraka throughout the easternmost part of India. This entire area is very rich for so many language and dialects by the various ethnic groups. But most of them are well versed in the different spoken varieties of Assamese. This way these people who were originally tibeto-barman or Sino-Tibetan language speakers had later on influenced the spoken varieties of Assamese, and, in course of time such spoken Assamese has developed quite a number of dialects and sub-dialects of course, there are some other reasons also for such development of dialects and subdialects of Assamese language throughout this region. Historically Assamese is a Magadhan speech; the language entered into kamrupā starting from the videha. Magadha areas through North Bengal and formed a popular colloquial speech of the masses throughout the then Western Assam and at the same time this speech was identified as a separate language of Kamrupā. This was first observed by Hiuen Tsang, who visited the kingdom of Kamrupā during the reign of Bhaskaravarman in the half of the Century A.D.

The Western districts of undivided Kamrup and undivided Barpeta possess several local dialects. The spoken speech of this Barpeta district appears to be greatly contaminated with admixtures of the Rajbongshi dialect—the dialect that was evolve under the domination of the Koch kings of Cooch Biher, whose descendants ruled over Barpeta and contiguous portions of kamrupi of Assam.

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Armed Organizations and Bodoland Movement in Assam: A Retrospective Historical Analysis of **Issues and Prospect**

Dr. Dulen Basumatary Asstt. Prof., Deptt. of History Salbari College

Abstract:

During entire second half of the 20th century the Bodos launched vigorous movement for the separate state in Assam. After series of tripartite talks, the first ever peace accord with the Bodos was singed in 20th of February, 1993. It was expected to be the harbinger of peace in the state which would full the aspiration of agitating ethnic community in north-east India. Though the accord had its own loopholes, the Bodos welcomed it. But the greatest defect in the accord, according to the Bodo leader was the boundary dispute. The boundary dispute finally led to the repeal of the accord by the ABSU and declared a fresh movement for the separate state. The arm organizations viz. BLTF and NDFB who were formed to safeguard the interest of Bodos, took their part unederground.

Key Words: Bodos, ABSU, BLTF, NDFB, Refugee, ethnic cleansing, Rehabilitation.

Statement of Problem:

The Bodos are the earliest settler of North East India especially of Assam. In post independent India they were included as tribal in the Constitution of India. They were supposed to enjoy the constitutionally provided various opportunities. Data and records prove that central and state Govt allocated various developmental schemes that were meant to bring all round development among the tribal. Besides, various organs like ITDP were established in the state to look after the need of the tribal. But in reality those fund and schemes hardly reached the people and the tribal specially the Bodos remained underdeveloped.

The Bodos thought that they were exploited; suppressed and Assamese middle class have been planning to assimilate them to build a greater Assamese society. But the Bodos have their own culture, language and identity and wanted live as an entity. They felt alienated and fear of loss of identity grasp them. So, in order to preserve their identity and ethnicity they decided to launch a movement for separate state.

Bodo Movement and armed struggle:

The Bodos of Assam launched a vigorous movement for a separate state in Assam which was to be curbed out of the state of Assam. The movement was non-violent in nature during its initial stages baring the few skirmishes. During this time, the movement also witnessed intra Bodo clashes between two different ideological groups PTCA and ABSU. PTCA demanded UDAYACHAL (a separate state for entire tribal of Assam) but ABSU's demand was confined to only the Bodo speaking people in Assam.

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Disparities in Consumption Expenditure on Food and Non-food Items: An overview

Sankhang Basumatary Assistant Professor in Economics Salbari College, Salbari Baksa, Assam

Introduction:

Consumption in economics refers to the final use of goods and services to satisfy wants and needs. The consumption of food and non-food items was present for ages ever since human beings appeared on this earth. But the consumption of human beings is quite dynamic. Consumption varies within the individuals and the households as needs and desires of human beings are always subject to continuous change depending on the nature of the society and the economy. The variations in consumption are visible in different societies due to the differences in socio-economic, psychological, religious, cultural and environmental factors. The consumption pattern of foods and non-foods items is an important indicator of standard of living and economic development.

2. Objectives:

The objectives of this paper are -

- To study the differences in distribution of person on the basis of monthly per-capita expenditure class in rural and urban sector of Assam and the country as a whole.
- 2. To study the variations in monthly per-capita expenditure on food and non-food.

3. Methodology:

The study is based on Secondary Data. Secondary data on consumption expenditures are collected from the publication of various books, reports of National Sample Survey Organization (NSSO) on consumer expenditure surveys, reports and publications of National Council for Applied Economic Research (NCAER), Economic Survey of Assam and various research journals.

4. Discussion:

Consumption expenditures on food and non-food are the indicators of living standard of the people. The rise in per-capita income raises the per-capita consumption expenditure. The following table shows the over distribution of persons over broad MPCE (Monthly Per-capita Expenditure) classes in Rural and urban areas of Assam and India.

The NSSO in its consumer expenditure survey under 68th round classified the persons at different classes basing on their monthly per-capita income.

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A Study on the Current Issue to Develop Psycho-Social Skills Like Interpersonal Relationship Skills, Effective Communication Skills

Mr. Parimal Ch. Das*

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The importance of interpersonal communication (IPC) has been growing especially in the context of globalization and privatization where the economies of the developed and the developing countries move from an industrial to service-oriented economy and that has placed IPC in the center among all other skills that help in developing and sustaining in business. Today's service economy puts a premium on relationship building among employees, peers, departments, organizations, and customers. Of course developing and maintaining these relationships is the goal of business communication. Cultural diversity, globalization, organizational restructuring, worker specialization, and technology contribute to the current emphasis on interpersonal skills.

Keywords: Interpersonal, Relationship, Communication.

INTRODUCTION

When we try to understand and develop communication skills we cannot escape these larger integration issues. Human communication is a complex and intriguing phenomenon. Both form (syntactics) and content (semantics) of the communication reflect the personal characteristics of the individuals as well as their social roles and relationships. In this era of communication revolution, the effectiveness of communication has been emphasized in all contexts. But the primary focus is only on the elements of language not on the psychological (cognitive), social and cultural factors. The aim of this article is to highlight the links between psychology and interpersonal communication skills. Psychological approaches to interpersonal communication will help us in identifying the key concepts in developing interpersonal communication skills.

PSYCHOLOGY AND HUMAN COMMUNICATION

Psychology is generally concerned with studying the mind, the brain, and human behaviour. The frame work of human cognitive architecture is helpful in discussing how different types of thought, as well as the corresponding areas of psychology, relate to each other along a continuum, and how this continuum, in turn, relates to human communication processes. Cognitive, cultural, developmental, perceptual, and social psychology, all hold implications for communication research.

The fields of psychology and communication are closely related, to the extent that the line differentiating the two is often quite blurry. Psychology may be considered an established discipline when compared to communication. So communication may benefit from the relatively consolidated approaches of psychology. The relationship between psychology and communication has been

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